OPEN NIGHT
- A VIBRANT AND DIVERSE SHOWCASE -

For many staff, students and parents, the day continued well beyond the afternoon bell as they remained behind to set up and host our Open Night last Wednesday. Hundreds of prospective students and their families visited displays and took part in activities, all of which showcased the broad range of opportunities available to students at Pennant Hills High School. The official welcoming speeches provided an overview of the many benefits enjoyed by students who choose to participate fully in the educational, sporting, cultural and social activities provided through the school. We look forward to welcoming many of our visitors back as new students in 2017 and beyond.

For more great Open Night photos please turn to pages 7 and 8.
LOOKING FORWARD

TERM 1 2016

Week 7B
Tuesday 8 March  Ancient History Excursion
Tuesday 8 March  Year 11 and 12 Parent Teacher Night
Friday 11 March  Year 11 RYDA Program

Week 8A
Thursday 17 March  Sydney North Swimming Carnival
Thursday 17 March  2016 Adolescent Vaccination Program
Friday 18 March  Year 7 Eddie Quansah - African Rhythm Incursion
Friday 18 March  Higher Ability Selection Test (HAST)
Friday 18 March  Year 11 and 12 ARTEXPRESS Excursion
Friday 18 March  Year 7 Dance

Week 9B
Tuesday 22 March  P&C Meeting 7.30pm
Wednesday 23 March  School Cross Country Carnival
Wednesday 23 March  Year 10 and 11 Road Safety Forum 7.00pm
Friday 25 March  PUBLIC HOLIDAY (Good Friday)

Week 10A
Monday 28 March  PUBLIC HOLIDAY (Easter Monday)
Wednesday 30 March  School Cross Country Carnival (reserve date)
Thursday 31 March  International Competitions and Assessments for Schools (ICAS)
Friday 1 April  Retirement Dinner for Geoff Wing
Saturday 2 April  CHS Swimming (Saturday, Sunday and Monday)

Week 11B
Friday 8 April  Year 7 Science to Taronga Zoo

LAST DAY OF TERM 1

AUTUMN VACATION
Students return on Wednesday 27 April 2016 (Week A).

MEET THE MUSIC

A group of music students were treated to an aural feast recently when they attended Meet the Music at Sydney Opera House. Jazz legend Wynton Marsalis and his Jazz at Lincoln Centre Orchestra (JLCO) wowed the audience with a spectacular evening of amazing musical performances. Members of the audience were privileged to experience a chronicle of jazz music throughout the century, topped off with an encore by Wynton and the JLCO.

Simeon Chiu
Music Teacher
DEPUTY PRINCIPAL'S REPORT

As the school settles down to the routine of school life it is surprising how much of the routine is not routine. Schools are full of personalities that all add to the rich texture which makes no one day the same as the other. So, even though there is a cycle in the school calendar, the nature of each event is never the same as the year before, and individuals approach these differently. One thing that does stay the same is the sheer volume and diversity of opportunities to showcase success and learning among our student body.

With pleasant weather providing favourable conditions, the Year 7 barbecue provided an opportunity for initial contact between parents and their child’s teachers. This also provided an opportunity to informally welcome parents and new Year 7 students into the Pennant Hills High School community of which we are so proud.

Similarly great weather favoured the school’s annual swimming carnival, where we witnessed very high levels of student participation and an excellent sporting attitude across all year groups, which we have all grown to expect at Pennant Hills High School.

On a more formal note, our Student Representative Council (SRC) for 2016 was inducted on Thursday 11 February, with this fine body of future leaders taking their duty very seriously. As our student representatives implement new ideas for the benefit of the school, we are confident that they will further develop their sense of responsibility, negotiating skills and realistic expectations of how to work within the confines of a system and a budget.

The 2015 HSC High Achievers Assembly held the following Wednesday was also a great success, showcasing the strong academic performance of last year’s Year 12 students. No longer wearing school uniform and with a few months having passed since their final examinations, these young adults looked and sounded ready to take on the world with a combination of resilience and ability. Our keynote speakers, Jared Chessari and Jessica Scott, shared some useful tips on how they succeeded and kept their sanity in the high pressure atmosphere some students experience whilst studying for the HSC. Judging by most of their comments, the common ingredient seemed to be hard work with time put aside for a balance of relaxation and much-needed recharging. We are pleased that so many family and friends were able to join us in congratulating this fantastic group of students.

On Friday 26 February 2016, the whole school gathered on the oval, to be photographed forming a ‘50’ to commemorate the school turning 50 this year. It was quite an occasion and I hope in many years to come these same students and staff will look back at the photo and happily reminisce.

On the same theme, the school will be holding an Open Day on Saturday 27 August. Members of the general public will be most welcome, but we especially look forward to catching up with past ‘Penno High’ students as they re-visit the school and reminisce about what I trust was a happy and formative time in their lives. More details on what the school will be presenting will be made available later in the year.

That same night there will be a celebratory dinner held at Hornsby RSL Club. Tickets will go on sale on 14 March 2016 through the Club at $85.00 per head. This will include a pre-dinner drink, canapés and a three course meal. As I anticipate that the dinner will be popular, I recommend you work out table groupings and book early to avoid missing out.

The school is currently looking at updating the students’ lockers to accommodate and make secure their expensive electronic equipment as well as all the more traditional locker contents such as books, lunch and sports gear. We are going to offer the new lockers to Year 7 first, and the price will be $1 per week – well worth the cost I think. Depending on the success of the new purchase, we will look into updating the rest of the lockers in the future.

Lastly, I would like to announce the installation of a large fan in the MPC. Tests so far have shown it can really provide air movement and improve greatly the comfort levels on hot occasions. Whilst Mr Wing will be leaving behind many fans, I’m sure you will appreciate the benefits of this one the next time you find yourself seated in the hall.

Brendan O’Byrne
Deputy Principal

P&C MEETING DATES FOR 2016

<table>
<thead>
<tr>
<th>Term 1: 22 March</th>
<th>Term 2: 24 May, 28 June</th>
<th>Term 3: 23 August</th>
</tr>
</thead>
<tbody>
<tr>
<td>Term 4: 25 October, 22 November (followed by AGM)</td>
<td>7.30pm in the School Library</td>
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</tbody>
</table>

All parents and caregivers are most welcome to attend these meetings, which provide the wider school community with a forum for discussion as we work together with staff to sustain and further develop the best possible learning environment for our students. The discussions are complemented by presentations from staff, focussing on various aspects of education and, in particular, what is on offer at Pennant Hills High School.
2015 HSC ENCORE

On Monday 22 February a group of music students from Years 11 and 12 attended the 2015 HSC Encore performance at Sydney Opera House, providing us with inspiration and insight as we prepare for the HSC ourselves.

The wide variety of exemplary musical performances and compositions, ranging from a classical rendition of Beethoven on piano to the shredding of Metallica on electric guitar, gave us an opportunity to relate to the diversity of musical acts through our own similar diversity as a group of musicians.

Some of our favourites included a performance of Big Baboon on recorder by Shae Leske. This was definitely something we hadn’t seen before and was both humorous and musically impressive.

Etienne Pluess left the crowd wanting more after his performance of Master of Puppets by Metallica on electric guitar, which was followed by a musical theatre piece, C’est Moi, delivered by Alex Landsberry from Knox Grammar School. Both performers were extremely talented in their own genre of music and were definitely crowd favourites.

Overall, it was a very enjoyable night filled with elite musicians who definitely deserved to perform on that stage. It left us all inspired and excited for what is to come in music.

Shannon and Courtney, Year 11

DO YOU LIVE IN THE PENNANT HILLS HIGH SCHOOL CATCHMENT AREA?

Catchment areas for public schools in NSW are set by the Department of Education, and are revised occasionally, when the Department identifies a need for a change in boundaries.

Parents wishing to check whether or not they live within Pennant Hills High School’s catchment area are advised to phone the school on 9473 5000, where staff have access to the latest maps updated by the Department.

We are aware of unofficial websites which claim to provide this information. However, content on some of these sites is incomplete or incorrect and may as a result be very misleading.

NSW SCHOOL VACCINATION PROGRAM

Each year, NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program. In 2016 the following vaccines will be offered to Year 7 students:

- dTpa vaccine—Diptheria, Tetanus and Pertussis (whooping cough)—as a single dose;
- varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months.

(Students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school in Year 8.)

**Parent Information Kits** will be sent home to parents/caregivers. To consent to the vaccination of their child, parents and caregivers are advised to:

- read all the information provided;
- complete the consent form, including signing their name next to the vaccine(s) they would like their child to receive;
- return the completed consent form to their child’s school; and
- ensure that their child eats breakfast on the day of the school vaccination clinic.

(**Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.)

Parents or caregivers who wish to withdraw their consent for any reason may do so by writing to the Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website www.health.nsw.gov.au/immunisation

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year whenever possible.

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents and caregivers should ensure that this record is kept for future reference, and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

This information has been provided by:
Northern Sydney Public Health Unit – Hornsby Office
Hornsby Ku-ring-gai Hospital
Palmerston Road HORNSBY NSW 2077
Telephone 1300 066 055 Facsimile (02) 9482 1650

Parents and caregivers are reminded to return their completed consent forms as soon as possible to ensure that students are included in the upcoming round of vaccinations.
Retirement Dinner Invitation

Join us in honouring

Geoff Wing
Principal, Pennant Hills High School

Friday 1 April 2016
7.00pm for 7.30pm

Pennant Hills Golf Club
Cnr Copeland Road and Burns Road (South), Beecroft

$85.00 per person
(includes welcome drink, dinner and gift)

Payment Details
Penno Social Club – BSB 032-087 – Account 34-0900 (by Monday 21 March 2016)
(To ensure your EFT payment is recorded, please include YOUR NAME in the reference.)
Please email Janette Louis to confirm your attendance and payment.
(janette.louis@det.nsw.edu.au)
Enquiries: Janette Louis or Lee Lowe – 9473 5000

P&C FUNDING OF FACULTY REQUESTS

The P&C Association, at a recent meeting, approved the following funding for specific items requested by a number of faculties across the school. We are grateful for the ongoing support provided by the P&C which assists us to provide Pennant Hills High School students with the best possible learning environment.

<table>
<thead>
<tr>
<th>Faculty</th>
<th>Approved Items</th>
<th>Item Costs</th>
<th>Faculty Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Science</td>
<td>6 Dataloggers</td>
<td>$3,570</td>
<td>$3,570</td>
</tr>
<tr>
<td>Industrial Arts</td>
<td>Dovetailer</td>
<td>$800</td>
<td></td>
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<tr>
<td></td>
<td>Dust Collector</td>
<td>$1,000</td>
<td>$1,800</td>
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<tr>
<td>PDHPE</td>
<td>Outdoor Table Tennis Table and Equipment</td>
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<tr>
<td>English</td>
<td>Air Conditioning to two Level 4 classrooms</td>
<td>$4,400</td>
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<tr>
<td></td>
<td>Interactive Whiteboard</td>
<td>$4,450</td>
<td></td>
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<tr>
<td></td>
<td>2 Computers</td>
<td>$1,274</td>
<td></td>
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<tr>
<td></td>
<td>Refurbishment and improvements to two Level 4 classrooms</td>
<td>$2,500</td>
<td>$12,624</td>
</tr>
<tr>
<td>Computing Studies</td>
<td>12 Educational Robots</td>
<td>$2,000</td>
<td>$2,000</td>
</tr>
<tr>
<td>History</td>
<td>Refurbishment and improvements to two Level 4 classrooms</td>
<td>$1,780</td>
<td>$1,780</td>
</tr>
<tr>
<td>Mathematics</td>
<td>2 Televisions</td>
<td>$2,888</td>
<td></td>
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<tr>
<td></td>
<td>1 Projector Globe</td>
<td>$500</td>
<td>$3,388</td>
</tr>
<tr>
<td>Drama</td>
<td>10 Drama Blocks</td>
<td>$2,650</td>
<td>$2,650</td>
</tr>
<tr>
<td>Music</td>
<td>Amplifier</td>
<td>$1,490</td>
<td>$1,490</td>
</tr>
<tr>
<td>Visual Arts</td>
<td>4 Frames (on behalf of the whole school)</td>
<td>$800</td>
<td>$800</td>
</tr>
</tbody>
</table>

TOTAL P&C FACULTY FUNDING APPROVED FOR 2016 $33,180
The new school year is now well under way, and students will be mid-way through the first units of work in their English classes.

Year 7 students, with the help of their dedicated Year Adviser, Ms Ford, have settled into their new school very well. They are currently studying a program called Who Am I? which focuses on how individuals develop a sense of identity. Students are also introduced to project learning activities, gaining skills in collaboration, leadership and problem solving.

Year 8 students are engaged with the close study of a novel, and that provides me with another opportunity to emphasise the importance of encouraging students to continue to read novels of their own choosing, particularly during the middle years of high school.

Students in Year 9 are exploring various perspectives on a range of global and societal issues through a close study of non-fiction texts. It might be fun if you are the parent of a student in Year 9 to ask them what issues they are examining and have a discussion on these topics.

In Year 10 English, students are being introduced to an important element of senior English—the Area of Study—examining a particular concept, and exploring its representation in a number of text types including novels, short stories, poetry and visual images. The Area of Study for Year 10 is the concept of conflict, and it is designed to be rigorous and challenging, but it should ensure that students will gain a good understanding of the requirements of senior study by completing this unit.

Senior students are enrolled in a variety of courses, and no doubt there are moments when students can feel rushed or pressured by the requirements of the Preliminary and HSC courses. I would encourage all students to plan ahead and develop regular study routines in order to stay on top of the coursework. Furthermore, if any students have difficulties, they should always seek the help and support of their dedicated English teachers.

Finally, I would like to congratulate the class of 2015, who achieved outstanding results in the Higher School Certificate. The English Faculty is rightly proud of the achievements of their students, which attest to the high quality of the education provided at Pennant Hills High School. I would particularly like to acknowledge the following high achievers.

In Extension 2 English, a very impressive 50% of our students achieved in the highest band. This result, which doubles the state average, is truly remarkable. Congratulations to Emma-Clare Moore, Jessica Scott and James Weir for their exemplary major works, and to their teacher, Mr Kneale, for helping his students achieve their best.

In Extension 1, Ryan Thomson achieved a mark in the highest band, while in the Advanced course, Pennant Hills High School students also achieved results well above the state average. Maddison Affleck, Tahnia Allauddin, Gregory Beech, Christy Chan, Kian Moini, Adam Pam, Jessica Scott and James Weir all achieved a coveted Band 6. Also, in Standard English, Ysobel Cranfield attained a Band 6, one of only 118 awarded across New South Wales.

It is important to remember that while academic achievement should be celebrated, it is not the only measure of success that we value at Pennant Hills. Each year provides plenty of challenges and opportunities, and the English Faculty are confident that all our students gain not only skills and knowledge, but also the resilience and confidence to succeed in the wider world when it is time to leave school. We look forward to continuing to work with parents and the wider community to ensure that the learning experience at Pennant Hills is happy, stimulating and engaging.

Richard Williams
Head Teacher English
OPEN NIGHT

INDUSTRIAL ARTS

AGRICULTURE

HISTORY

CAPA

LINKS CAFÉ
In the lead-up to Open Night, and in the spirit of National Clean Up Australia Day, school staff and students took to the school grounds on Tuesday 1 March 2016 in a fantastic display of community responsibility. Their combined efforts were extremely worthwhile, with over 63kgs of rubbish collected and many items making their way to recycling bins. They pushed, pulled and picked up all kinds of things, including a range of discarded school uniform items which will be cleaned and re-used. Coordinator of the afternoon’s activity, Mr Stanton-Cooke said, ‘Many hands make light work. Ironically, many hands had left the litter, but today we have made a difference.’ Congratulations to all who contributed to the clean up activities.

From 8.00am on Sunday 6 March 2016, the P&C has arranged a further clean up of the school grounds to coincide with National Clean Up Australia Day. All staff, students, families and community members are welcome to join in for a morning of weeding and general tidying.
‘PENNO’ PRAYER MEETING
Mums, Dads and Grandparents, come and join us as we pray for ‘Penno’ staff and students.

1st, 3rd and 5th Friday of each month during term from 8.45am to 9.15am

Please meet at Public Reception.
Enquiries: Kim Allan on 0410 548 350.
START RIGHT PROGRAM OPEN DAY
WEDNESDAY 16 MARCH 2016 – 9.15am
See why St Lucy’s satellite class at St Joseph’s in Narrabeen provides the best start to education for children with special needs. Learn about Start Right, a two-year program (K–1) for children with autism, cognitive or language delay or other disabilities that make learning difficult. The Open Day is for parents, teachers and other professionals.

RSVP: Terry on 8355 3157 or enrol@stlucys.nsw.edu.au

Welcome to All from 3 years
TAEKWONDO WORLD
Martial Arts for All

TKD Kids will learn
✓ Concentration ✓ Discipline
✓ Self Defence ✓ Confidence
✓ Bully Safety ✓ Respect

FREE Uniform & 2 Weeks Training

5 Gladstone Rd, Castle Hill 0419 414 488
tkdworld.com.au 8850 7771

ST LUCY’S SCHOOL
Excellence in education for children with intellectual disabilities

START RIGHT PROGRAM OPEN DAY
WEDNESDAY 16 MARCH 2016 – 9.15am

See why St Lucy’s satellite class at St Joseph’s in Narrabeen provides the best start to education for children with special needs. Learn about Start Right, a two-year program (K–1) for children with autism, cognitive or language delay or other disabilities that make learning difficult. The Open Day is for parents, teachers and other professionals.

RSVP: Terry on 8355 3157 or enrol@stlucys.nsw.edu.au

Do you want to make a difference in the life of a child?

Local foster carers needed

Family and Community Services are seeking people in the local area to provide short term and crisis foster care for children and young people 0–18 years who are unable to live with their own families.

Individuals, couples and families from varied backgrounds and cultural groups are required. Aboriginal and Torres Strait Islander people are encouraged to apply.

All carers receive training, ongoing support and financial assistance.

If you are interested in making a difference and helping children reach their full potential, please call 9765 5000 or email fostering@facns.nsw.gov.au

FIRST AID COURSE

WEDNESDAY 20 APRIL 2016
8.45am – 4.30pm
799 Pacific Highway Gordon, Meeting room 2
$90 (Includes lunch)

This one day course (plus prework) provides you with the skills to administer first aid in a variety of situations that you may face in everyday life.

Participants who successfully pass this one day face-to-face course will receive a Nationally Recognised Statement of Attainment in HLTAID003 Provide First Aid.

Ku-ring-gai Youth Services

9424 0994 youth@kmc.nsw.gov.au kmc.nsw.gov.au/youth
COMING EVENTS

Cherrybrook Movie Under the Stars: Saturday 5 March at John Purchase Oval (access behind Cherrybrook Community Centre - no access from Purchase Rd). Gold coin donation. Fireworks, activities, food, drink and novelties. Bring a blanket. Visit cherrybrookmovieunderthestars.com

Free Teaching Learner Drivers Workshop: Tuesday 15 March (6.30pm–8.00pm) at Top Ryde. Presented by the City of Ryde in conjunction with Roads and Maritime Services. Bookings essential. Phone 9952 8222.

Grease, the Musical, presented by Cherrybrook Technology High School: 17, 18 and 19 March
Adults $15, Child $10, Family $45. All enquiries – www.cherrybrook-h.schools.nsw.edu.au

Rotary Club Annual Giant Book Sale: Friday 18 March (9.00am–8.00pm) and Saturday 19 March (8.00am–3.00pm). Cherrybrook Uniting Church, 134 New Line Rd. (Organised by the Rotary Club of West Pennant Hills and Cherrybrook.) For information or to donate good quality used books, original CDs and DVDs, phone 0468 330 667.

STUDENT EXCHANGE PROGRAMS

Rotary Youth Exchange: the opportunity of a lifetime for young Australians currently in Year 9 or 10. Expand your horizons with a year on Rotary Exchange. Discover a different culture - www.rotaryyouthexchange.net.au


LATTITUDE AUSTRALIA Volunteering and gap year placements for U/25s - www.latitude.org.au or (03) 9826 6266

Student Exchange Australia NZ www.studentexchange.org.nz or 9997 0700.

World Education Program Australia (WEP) www.wep.org.au or 1300 884 733 or on Facebook (wepaustralia)

Australian Institute of International Understanding (AiIU) www.aiiu.org.au or 1800 174 407 - program costs apply.

Lions Youth Exchange Program for 17-21 year olds - www.lionsclubs.org.au/ye

STS Student Exchange www.sts-education.com.au or 1800 263 964

AFS Intercultural Programs Australia www.afs.org.au or 1800 023 982

RECREATION AND SPORTING GROUPS

Oakhill Drive Netball Club Players Wanted: Junior players U7/8/12’s and Senior players U15/16—17/18—21’s. Please contact the registrar Leanne Scowen at odnc_registration@yahoo.com.au or 0412 561 114.


West Pennant Hills Cherrybrook Football Club: www.wphfc.net.au

Rugby Connect - Trytions: is a Rugby Union program developed for boys and girls with special needs between the ages of 5-17 years. The season is run by Sydney Junior Rugby with the assistance of the Australian Rugby Union and NSW Rugby. Contact Matt Kellahan mkellahan@nswrugby.com.au or phone 9323 3407.

Hills Hawks Softball: All ages 4-adult welcome - www.hillshawks.softball.org.au or phone Hazel - 0414 474 461

Pennant Hills District Cricket Club: (15 years and over) pennanthscc.com.au

Registration enquiries: penno.juniors@gmail.com or SMS 0450 226 158.


Cherrybrook Table Tennis Club: 0412 520 854 - Enjoy social and competition table tennis.

Sydney Zodiacs Youth Dragon Boat Club: www.dbnsw.org.au or sydneyzodiacs@yahoo.com.au or 0410 655 764

Epping RSL Golden Kangaroos Marching Band: www.gks.org.au or 9868 3289


2nd/3rd Pennant Hills Scout Group: 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

Pennant Hills Girl Guides: Mondays - Guides (10-14) 5.30-7.30pm; Senior Guides (14-18) 7.00-9.00pm. 0438 284 592 (Fiona)

Hornsby District Athletics (children aged 4 - 17): Saturday mornings at Pennant Hills Park www.hdla.org.au

Cherrybrook Athletics Club (children aged 5 - 16): Friday nights 5.45pm - 8.00pm www.cherrybrookathletics.org.au

Taiko Drumming (a blend of choreography, drumming, movement and music for everyone): www.taikoz.com

St Agatha's Youth Group: for students from Years 7 to 9 - www.stagatha.org.au or 0409 847 208 (Laura)

West Pennant Hills Netball: www.westpennanths.netball.asn.au/ or http://www.facebook.com/WPHNC 'Netta' 7 - 9 years; Junior 10 - 15 years; Senior 16 years and above.


Cherrybrook United Netball Club: Games played at Pennant Hills Park. Modified 'Net Set Go' (5 - 9) Friday evenings; Juniors (10 - 15) Saturday mornings; Seniors (16 - open) Saturday afternoons. Phone Keryn on 0412 693 224

Castle Hill BMX Club: Fred Caterson Reserve, Castle Hill. Facebook: facebook.com/castlehillbmx

Castle Hill BMX Club: Fred Caterson Reserve, Castle Hill. Facebook: facebook.com/castlehillbmx

Hornsby Junior Touch Footy: All games played at Foxglove Oval, Mt Colah. Girls 9s–17s; Boys 9s–15s.

Information/Registration: hornsby.mytouchfooty.com

North Rocks Softball: Teeball, Modball, Softball - school terms only - 5 years to adults - social and competitive.


Asquith Netball: All skill levels welcome. Information: Linda Wilton 0403 214 410 or Asquithnetball@outlook.com
COMMUNITY NOTICES AND CONTACTS

HELPERS NEEDED

Foster families needed: Department of Family and Community Services - 8303 7644
Carers can be singles, couples, with or without children, and from any cultural background.

Foster carers needed: Key Assets NSW, a dynamic not-for-profit foster care provider - 8336 5700
Providing high quality and innovative family placements for children and young people with varying needs.

Volunteer with Easy Care Gardening: www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)

Bilingual Volunteers Needed: City of Sydney Meals on Wheels - For more information, phone 8512 4230.

Lifeline Telephone Volunteers needed: It's never too late to make a difference … or to learn new skills.
Join a team of volunteers on the crisis support line based at Gordon. Training is comprehensive and ongoing support is provided for all volunteer counsellors. More information: 9498 8805 or admin@lifeline2h.org.au

COMMUNITY SERVICES AND SUPPORT

Free adult Literacy and Numeracy classes - Meadowbank TAFE: 9942 3572. Reading, writing and speaking.
English Classes - Wednesday evenings from 7.00pm - 9.00pm during school terms. Cost $3.00 per week.
West Pennant Hills Community Church, 41 - 43 Eaton Road, West Pennant Hills. Information and to register: 9872 4200.

Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women: Students selected on merit.
Information and applications: www.avcat.org.au or phone 9213 7999 or 1800 620 361 (voicemail)

Jack’s Youth Café at Hornsby (run by Fusion Sydney North): 5 Jersey Street Hornsby (a short walk from the station).
After school activities for students in a safe environment, Tuesdays - Fridays 3.00pm - 6.00pm. Phone: 9477 1110.

Ability Options: a FREE service helping people with a disability into the job that's right for them.
More information: abilityoptions.org.au or contact Caroline Krix on 8811 1717 or caroline.krix@abilityoptions.org.au

Ability Links: supporting people with a disability, their families and carers to achieve their goals in life.
For more information phone 8830 0768 or email abilitylinks@unitingcarenswact.org.au

Foster Care Association NSW: Advocacy, support and information for foster carers. www.fcansw.org.au or 4987 1847

Healthy Kids FREE Parent e-zine: important nutrition information and great recipes: www.healthy-kids.com.au

Enrol to Vote: If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.
Check if you're enrolled at www.votensw.info, enrol to vote at www.aec.gov.au or phone 1300 135 736

Uniting Care Northmead: 8839 5107 - Workshops and counselling for parents. Phone for more information.

TOUGHLOVE: 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.
Information and education provided by NSW Health - Northern Sydney Central Coast.

Centacare Broken Bay: 9488 2523 - Advice and support for parents.

Depression Support Group: 1300 794 991.
Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

Parent Line: www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.

Kids Helpline: 1800 55 1800 - Free confidential service 24 hours every day.

Mission Australia: 9480 2500 - Free youth management and counselling support for young people and families.

Single With Children: www.singlewithchildren.com.au or 1300 300 496
Non-profit social group providing exciting activities for single parents and their children.

Sydney Single Parents: www.SydneySingleParents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)

Hills Family Centre: 8805 7288 - Workshops and courses for parents and families.

Wesley Mission Family/Youth Services (the Hills): www.wesleymission.org.au/centres/wesleydalmar/ or 8805 7288

Community Life Church Cherrybrook Life Centre: 9651 3534 - Counselling and parenting courses available.


NSW Health Free Dental Clinic for 12-25 year olds: 9687 2544 - High Street Youth Health Service, Harris Park.

Rotary Club of Thornleigh Farm Markets: Third Sunday of every month - 8.00am - 12.00noon - Phyllis St, Thornleigh

Christ Evangelical Centre of Australia Chinese Language School: 9410 613 814 (Jenny)


The Australian Childhood Vision Impairment Register: www.vifamilynetwork.org.au
The Register collects and uses data to improve services for children and to research eye disease and disorders of vision.

Bedford College Play Sessions for children (0 - 5 years) and their parents/careers: Fridays 9.30am - 11.30am at 2 Columbia Court, Baulkham Hills. Small fee includes morning tea for children and their carers. Bookings: 1300 174 174

CatholicCare Diocese of Broken Bay: counselling, parenting and support groups. 9488 2400 or waitarafc@dbb.org.au

Our Space - Integrated Youth Service Hub, Eastwood: bringing together a variety of services committed to improving the wellbeing of young people aged 11–18 years. Information: www.ourspace.org.au or 9874 7458.

St Vincent de Paul Society: Interest free loans to low income families for essential household items. Phone 9477 5010

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