On Wednesday 25 February 2015, Pennant Hills High School was fortunate to host guest speaker, Glen Gerreyn from The Oxygen Factory, who delivered a Study Smart Seminar for our Year 11 and 12 students. The seminar was a huge success, with participant feedback being overwhelmingly positive.

A very engaging presenter, Glen provided many helpful tips on how to study effectively, including strategies for successful schooling, time management, overcoming fear of failure, reducing stress and much more. Students received a booklet containing many positive quotes along with space to write their personal goals and what study habits would work for them. They were motivated to think about the ‘big picture’ and what steps to take to achieve their goals.

Testament to the value of the 2½ hour seminar is the number of students who waited in line to shake Glen’s hand and to thank him for his time and input. Many have approached me to express their gratitude for having been given this opportunity to participate in this amazing seminar and to benefit from Glen’s insights. The only complaint came from some Year 12 students who expressed regret at not having had the opportunity during Year 11.

The seminar was a huge success and will hopefully become a regular event on the school’s calendar.

Kylie Blarasin
Year 11 Adviser
## LOOKING FORWARD

### Term 1 2015

#### Week 9A
- **Monday**: 23 March  
  - Year 12 Half Yearly Examinations (ALL WEEK)
- **Tuesday**: 24 March  
  - P&C Meeting, 7.30pm in the Library
- **Friday**: 27 March  
  - Easter Show—Agriculture (Years 8 and 9), Food Tech (Year 10), Special Education
- **Friday**: 27 March  
  - Year 7 ‘Night Out’
- **Saturday**: 28 March  
  - CHS Swimming
- **Sunday**: 29 March  
  - CHS Swimming

#### Week 10B
- **Monday**: 30 March  
  - Year 12 Half Yearly Examinations (ALL WEEK - EXCEPT FRIDAY)
- **Monday**: 30 March  
  - Year 9 Drama Workshop—Comedian and Playbuilding
- **Tuesday**: 31 March  
  - SRC Hornsby Youth Forum
- **Tuesday**: 31 March  
  - Social Inc Inclusion Council Conference
- **Thursday**: 2 April  
  - Last Day of Term 1
- **Friday**: 3 April  
  - PUBLIC HOLIDAY—First day of School Vacation

### SCHOOL VACATION

#### Term 2 2015

#### Week 1A
- **Monday**: 20 April  
  - SCHOOL DEVELOPMENT DAY
- **Wednesday**: 22 April  
  - Meet the Music Concert at Sydney Opera House
- **Wednesday**: 22 April  
  - Muogamarra Nature Reserve Excursion
- **Thursday**: 23 April  
  - Muogamarra Nature Reserve Excursion
- **Friday**: 24 April  
  - Muogamarra Nature Reserve Excursion

#### Week 2B
- **Wednesday**: 29 April  
  - School Cross Country Carnival
- **Friday**: 1 May  
  - Back-up Date for School Cross Country

#### Week 3A
- **Tuesday**: 5 May  
  - Year 7 and 8 Parent—Teacher Interviews
- **Wednesday**: 6 May  
  - School Athletics Carnival
- **Thursday**: 7 May  
  - Year 11 PARTY Program
- **Friday**: 8 May  
  - Angels in America Performance

#### Week 4B
- **Monday**: 11 May  
  - Year 10 Work Experience (ALL WEEK)
- **Monday**: 11 May  
  - Zone Cross Country
- **Tuesday**: 12 May  
  - NAPLAN
- **Wednesday**: 13 May  
  - NAPLAN
- **Thursday**: 14 May  
  - NAPLAN

### ASSESSMENT TASKS FOR YEAR 11 - Term 1 2015

#### Week 9A
- **Monday**: 23 March  
  - Industrial Technology: Project Planning
- **Tuesday**: 24 March  
  - Engineering Studies: Materials
- **Wednesday**: 25 March  
  - Physics
- **Wednesday**: 25 March  
  - Visual Arts: VAPD and Case Study
- **Wednesday**: 25 March  
  - French Continuers: Skills Test
- **Thursday**: 26 March  
  - French Beginners: Skills Test
- **Friday**: 27 March  
  - Music 2

#### Week 10B
- **Wednesday**: 1 April  
  - Geography: Examination
- **Wednesday**: 1 April  
  - Visual Arts: Task 1 - Body of Work

### ASSESSMENT TASKS FOR YEAR 12 - Term 1 2015

#### Week 9A
- **Monday**: 23 March  
  - Year 12 Half Yearly Examinations (ALL WEEK)
- **Monday**: 23 March  
  - Music Extension: Task 1 - Performance/Composition (ALL WEEK)
- **Friday**: 27 March  
  - Music 2: Topic 1 - Baroque Music

#### Week 10B
- **Monday**: 30 March  
  - Year 12 Half Yearly Examinations (ALL WEEK - EXCEPT GOOD FRIDAY)
- **Monday**: 30 March  
  - Music Extension: Task 1 - Performance/Composition (MONDAY-THURSDAY)
- **Thursday**: 2 April  
  - Photography 1 Unit: VAPD and Body of Work
PRINCIPAL’S REPORT

A Spectacular Musical
Our school musical production of Annie was an amazing showpiece of the vast talent of our students, staff, parents and community members. We have received widespread acknowledgement and congratulations for this wonderfully professional musical production which showcased the highly talented cast, singers, dancers and musicians, all of whom were very ably supported by expert crew. The most common comment from those who have not had an association with our school was about the wonderful community spirit that exists at Pennant Hills High School. On the final night, there were many congratulatory comments from those present relating to the palpable feeling of pride, achievement, cooperation and strong sense of camaraderie that was evident.

I wish to congratulate everyone who contributed in some way to making the production such a successful school event. Students, staff, parents and many other people worked tirelessly over the past five months, devoting countless hours to rehearsals and performances. Mr Courtney Cassar produced and directed the musical, ably supported by Assistant Director, Slade, who is a talented Year 12 student at our school. Mr Chris Nugent, the Musical Director and former student, Laura Sheldon, who expertly choreographed the dancers, also deserve our thanks and congratulations. The cameo performance by Mr Simpson was something to behold.

Surviving the HSC
In a moving demonstration of the enduring spirit of our students, which is one of our school’s many strengths, two Year 11 students continued the tradition of presenting each Year 12 student with an ‘HSC Survival Kit’. Liam and William worked tirelessly to research, source and prepare meaningful items for inclusion in the kits which were distributed to all Year 12 students earlier this week.

Included in the kits were:
- a Picnic chocolate bar – *the HSC is no picnic*;
- a stress ball – hand-made by the Survival Kit team;
- a water bottle – *staying hydrated is critical for a clear head*;
- vouchers for Boost Juice and Links Café;
- contact details for various youth support services, career and volunteering opportunities;
- an ‘HSC Business Calendar’;
- information about useful apps to help with study and exam planning;
- a booklet, ‘Tips for HSC Success’;
- a Fitness First guest pass – *maintaining balance is important*;
- a selection of motivational quotes.

The stand-out item, however, was a timber door knob hanger bearing the school crest and declaring, ‘Do Not Disturb, HSC in Progress’. Liam and William not only designed these hangers, but also hand-made each one for inclusion in the kits … an enormous effort and an incredible practical demonstration of support for their fellow students.

‘Tell Them From Me’ Surveys
Our students are currently participating in this feedback survey, which asks questions about factors that are known to affect academic achievement and other outcomes. It aims to help improve the learning outcomes of students. The survey is designed to measure, assess and report insights at the school and system levels for those schools participating in NSW.

The focus of the survey is on student wellbeing, engagement and effective teaching practices. Data collected from the survey’s responses will be quickly compiled into reports for our school to review. We will then use this information to identify emerging issues and plan for school improvement. Our staff will not be able to identify individual students from their responses. Following information about the survey being provided to parents, most have endorsed their child’s participation in the survey.

(Continued on page 4)
Bushfire Compliance Works Complete
During recent weeks, a team has been working around the school, trimming trees and vegetation to mitigate risk to our school from bushfire. Clearing of the area adjacent to the school farm beyond the school boundary has been most effective.

Nationally Consistent Collection of Data: School Students with a Disability
From 2015, information will be collected in every school across Australia. All Australian governments have agreed to this. The aim of this new data is to have better information about school students with disability in Australia. A letter containing more information about this data collection will be provided to parents in the near future.

The Importance of Providing Good Feedback
I cannot stress enough the importance of parent/teacher interviews as a very important means by which parents are able to receive feedback from their child’s teachers on their current performance and ways of improving or consolidating in the future. Our teachers have a wealth of knowledge and experience and are able to offer valuable feedback to students on their academic progress.

Attending parent/teacher interviews has similarities to going to a doctor when sick. The visit usually involves diagnostic testing of blood pressure, temperature and a range of other screening tests to make an assessment of the situation, but unless the patient follows the doctor’s advice, there will most likely be little improvement. In a similar way, students must take note of the assessment provided by their teachers and implement the suggestions made in order to improve their ‘academic health’.

I encourage all parents to make appointments with their child’s teachers at parent/teacher interviews to obtain important feedback on their progress.

It is also essential that parents/caregivers actively discuss their child’s progress with them on a regular basis, especially immediately after the parent/teacher interviews. The following points may be of assistance to parents and caregivers.

For feedback to be effective, it must:
- be timely, specific, direct, behavioural, regular and constructive;
- acknowledge the positives;
- be considered and sensitive;
- be factual;
- focus on behaviours, not the child;
- include suggestions of alternative strategies for achieving improved results;
- consider the possible impact on the student receiving feedback;
- provide answers to questions raised; and
- identify and clarify the next steps to be taken toward improvement.

Parent/Teacher Evenings are scheduled for Years 7 and 8 on Tuesday 5 May 2015 and for Years 9 and 10 on Wednesday 22 July 2015.

Geoff Wing
Principal

IMPORTANT BYOD NEWS
Following are some pointers to assist with the introduction of BYOD into our school community.

- BYOD devices should not be only considered as teacher directed learning tools but also as student initiated learning and research tools.
- All BYOD devices must support 5 GHz Wireless N to be able to connect to the DEC wireless network. If your device does not support this standard, a wireless USB adaptor can be used to gain access. The adaptor must support 5 GHz Wireless N to connect.
- BYOD devices must be registered with the IT Department. This can be done by bringing the device and completed BYOD Student Agreement form to the IT Support Office. The device will also be added to the DEC wireless network for Internet access.
- The IT Department will only provide advice on the best way to proceed with any purchasing or troubleshooting request.
- Free BYOD software such as Microsoft Office, Adobe CS6 Design Edition etc. are available at http://nsw-students.onthehub.com/WebStore/Welcome.aspx for Windows and MacOS computers.
- Additionally, Microsoft Office 365 is available for all NSW DEC students. See www.office.com/getOffice365 for details.

For more information about BYOD, see the BYOD section in Moodle.

Lawrence Huang
Computing Studies Teacher

P&C Meeting Dates for 2015
24 March
26 May - 23 June
25 August - 27 October
24 November (followed by AGM)
7.30pm in the School Library
INDONESIAN DANCE CONCERT

On Thursday 12 March 2015, all Year 7 students were treated to a Suara Indonesian Dance group performance, which was held in the MPC. The performers danced and sang to traditional pieces of music from Sumatra and Java.

Two of the artists, one male and one female, each wore a painted mask which they held in place by biting firmly onto a leather strip whilst dancing around the room to a backing of traditional Indonesian music.

A favourite with all the students was the part of the performance when we had the chance to use the traditional galembong pants. These pants have a fabric panel between the legs which, when stretched taut, can be used as a drum. We had a great time as we learnt how to count to ten in Indonesian and smacked drum beats on the galembong pants.

Report based on contributions from 7R students

2015 HILLS RELAY FOR LIFE

Please join us walking for this fantastic cause

9.30am - Saturday 16 May to 9.30am - Sunday 17 May

Centenary of ANZAC Reserve Wrights Road, Castle Hill

Parents, siblings and friends are all welcome!

TO REGISTER FOR THE WALK ($20 per person):
www.hillsrelayforlife.com
• Relay for Life Registration
• Join a Team
• Team Name: Penno Pacers

TO MAKE A DONATION (tax deductible):
www.hillsrelayforlife.com
• Relay for Life Registration
• Donate
• Search for a Team
• Penno Pacers

Penno Pacers Team Organiser
Charlene Stewart
charlene.wright@det.nsw.edu.au or 9473 5000

More information about the event
www.hillsrelayforlife.com
OPEN NIGHT
Tuesday 3 March 2015
SHOWCASING PENNANT HILLS HIGH SCHOOL
OPEN NIGHT
Tuesday 3 March 2015
SHOWCASING PENNANT HILLS HIGH SCHOOL
LIBRARY NEWS

Researching at Pennant Hills High School
For advice on avoiding plagiarising all students are advised to go to: **PHHS Intranet → Moodle → Library → Researching for all students.**

You will find research strategies, a note taking template, a bibliographic table template, numerous examples of reference entries for different types of resources, links to easy referencing websites such as **Neil’s Tool Box**, and a how-to for referencing using **Microsoft Word**.

Students have particular rights and responsibilities concerning copyright while researching. These websites will contain the latest information regarding copyright for Australian students: http://www.smartcopying.edu.au/ http://www.smartcopying.edu.au/open-education

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**Year 7 Orientation to the Library**
It has been lovely to meet Year 7 students and to introduce them to the library. I am looking forward to seeing them all throughout the year, both in class and as independent users of the library’s facilities.

Year 7 English classes have been coming to borrow books for their **Wide Reading Program**. Encourage your sons and daughters to borrow and read independently as this is the best way to improve their Literacy skills and ultimately their school achievements.

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**Year 11 – HSC All My Own Work and Belonging**
As part of the **HSC All My Own Work** program, all Year 11 English students have been practising acknowledging their sources for their first assessment task on **Belonging**. They have been offered two booklets entitled **Researching for all students** and **Belonging** which provide advice on finding related texts, to have as support. Copies are also available at the Library. It is essential that all students acknowledge all their sources at all times.

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**Premier’s Reading Challenge**
The 2015 Challenge is now open. Access it at https://products.schools.nsw.edu.au/prc/home.html to register and add books you have read to your Student Reading List. In the past, many students have entered the Challenge and received Gold and Platinum Awards as well as participation certificates. Students entering also receive Merit Certificates to add to their collections.

This year’s reading challenge list is available at https://products.schools.nsw.edu.au/prc/home.html

Our school holds over 1000 books from the Years 7—9 section as well as many from other sections. Students can check the books our school holds from **Library Enquiry** on the School Intranet page. They then follow the link to **Reading lists**. Please see Mrs Whitlock in the library if you have any questions or need help finding books.

We are constantly updating our recreational reading material thanks to the generous support of the school community.

(Continued on page 9)
Great News for People who Actually Read Books
These articles provide reasons to encourage students to keep reading print books:

- [http://www.washingtonpost.com/local/why-digital-natives-prefer-reading-in-print-yes-you-read-that-right/2015/02/22/8596ca86-b871-11e4-9423-f3d0a1ec335c_story.htm](http://www.washingtonpost.com/local/why-digital-natives-prefer-reading-in-print-yes-you-read-that-right/2015/02/22/8596ca86-b871-11e4-9423-f3d0a1ec335c_story.htm)

Here are two sites to help students choose books:
- [http://www.ala.org/yalsa/great-graphic-novels](http://www.ala.org/yalsa/great-graphic-novels)

New Fiction Books … Relax and Read
Encourage your children to borrow books from the library during breaks, especially as the holidays approach. There is a wide variety of recreational reading material available, with something to suit most interests. These are new and there are more new additions at [PHHS Website](http://www.pennanthil-h.schools.nsw.edu.au) ➔ Intranet ➔ Library Enquiry.

Sue Whitlock
Teacher Librarian
**SCIENCE AND AGRICULTURE**

**Thank You and Congratulations**
Our Head Teacher Science, Mr Phil Scandizzo, left us at the end of last year having been appointed to the position of Head Teacher Science at The Ponds High School. We thank him for his contribution to Pennant Hills High School and wish him well for the future.

I would like to take this opportunity to congratulate all Science staff for the excellent results achieved by their students in the 2014 HSC examinations.

**Open Night**
During the school’s Open Night, the Science faculty’s fantastic display showcased the talent and abilities of our students. Science exhibits and experiments were set up in Labs 317 and 318, with the sherbet and smoke rings both proving very popular amongst our young visitors. The Agriculture students conducted tours of the farm to visit some of our ‘sillicies’ and sheep. Visitors had a taste of sweet honey and left bearing gifts of strawberry shoots.

**Hands-on Learning Opportunities**
Our senior Agriculture students recently visited Camden Park Farm where they gained first-hand experience of milk production and processing. During their excursion to the Royal Easter Show later this month, our junior students will visit various food processing exhibits, experiencing a taste of the country in the middle of the city of Sydney.

**Linkages**
Mrs Gill has kindly accepted the responsibility of working with our Partner Primary Schools as part of the Linkages Program which showcases gifted students at Pennant Hills High who assist primary school students with aspects of Science whilst building their leadership and communication skills.

**Extending the Challenge**
We are organising and promoting a number of curriculum enrichment events and competitions which provide students with the opportunity to test their scientific prowess against other students in the state, nationwide and internationally. I encourage all students to consider taking part in these events. Students will be given notes and can access information outlining event and competition details from the school intranet. Any student requiring further information should see the Science and Agriculture staff.

**Into the Future**
The two Science laboratories, a preparation room and the chemical store are undergoing an upgrade at the end of this term. The plan is to decommission one of our 1960s vintage Science labs and have it refurbished to suit 21st Century learning. Classes will be relocated during the construction period which is expected to take 18 weeks, with two new labs being completed in readiness for the beginning of Term 3.

**Working Together**
We appreciate the cooperation of parents and community members in monitoring student progress. The Science and Agriculture Faculty aims to assist students to achieve their best and continues to endeavour to provide students with the best possible learning experiences. If parents or students have any enquiries regarding Science or Agriculture courses or curriculum enrichment events please do not hesitate to contact the faculty.

**Sudha Saligram**
*Acting Head Teacher Science*

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**40 HOUR FAMINE - THANK YOU**

Following are excerpts from a letter sent recently to Mr Wing by Rebekah Cochrane, Youth Relationship Representative, World Vision Australia.

*I just wanted to write and say thank you … in total, Pennant Hills High School raised $8162.46 in the 2014 40 Hour Famine. We are truly grateful for such a generous contribution from your school community. These funds will greatly assist children and their communities in Rwanda through education, small business assistance, healthcare, agricultural development and more. It is so encouraging to see young people at Pennant Hills High who are obviously so passionate about social justice. Congratulations to our students, staff and families who supported this cause through sacrifice and/or sponsorship.*

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**Pennant Hills High School Vaccination Clinic Schedule**

- **28 May 2015 -**
  - **Year 7**
    - Human Papillomavirus Vaccine (HPV) - Dose 2
    - Diphtheria-Tetanus-Pertussis
  - **Year 8**
    - (Catch-up) Human Papillomavirus Vaccine (HPV)
    - **Year 12:** (Catch-up) MMR

- **15 October 2015 -**
  - **Year 7**
    - Human Papillomavirus Vaccine (HPV) - Dose 3
    - Chicken Pox
  - **Year 8**
    - (Catch-up) Human Papillomavirus Vaccine (HPV)
    - **Year 11:** (Catch-up) MMR

*There will be NO Year 9 HPV vaccination this year.*
PDHPE HAPPENINGS

Physical Education
It has been an exciting start to the year for the PDHPE Faculty. To commence Term 1, Year 7-10 students learnt and performed a range of partner, social and bush dances. Cross Country training in PE lessons is now in full swing, and there have been some outstanding personal achievements despite the hot and humid conditions. Students are motivated to improve on their personal best times and are being rewarded with certificates of merit when they make a significant improvement. Many students have the goal of competing in the School Cross Country Carnival which will be held in Week 2 next term. Term 1 will conclude with practice for the Athletics Carnival which is due to be held on Wednesday 6 May 2015.

Crossroads – U Turn the Wheel
On Friday 13 March 2015, Year 11 students completed the Rotary Youth Driver Awareness (RYDA) U Turn the Wheel Program at the HART Driver Training Centre in St Ives. The RYDA Program is attended by over 30,000 students each year and is aimed at reducing the levels of death and injury on the road. The program specifically targets 16-17 year olds, and is a component of Pennant Hills High School’s Mandatory Crossroads Program.

Year 11 students participated in a range of activities on the day including hazard perception, fatigue, safe celebrating, influences on stopping distances and the costs of owning and maintaining a car. It was an extremely valuable and meaningful day for the students.

Students viewing a practical demonstration on stopping distances

Sport Leadership Program
The sports leadership program is an initiative that students start in Year 5 and complete in Year 10. Students are taught leadership and coaching skills through a variety of sessions throughout this period and are given several opportunities to put these skills into practice.

During the recent Pennant Hills High School Open Night, seven of the sports leadership students in Years 9 and 10 coordinated activities to promote the PDHPE Faculty. Those students were Benjamin, Lachlan, Joshua, Alison, Amy and Madison. Throughout the evening they coached prospective students in Mini-Golf and Mini-Tennis, and challenged them in fitness tests of the vertical leap and sprint test utilising iPad apps. Thank you to those students for their assistance at Open Night.

James Boyer, Head Teacher PDHPE

NSW ALL SCHOOLS TRIATHLON

Congratulations to all students who participated in the NSW All Schools Triathlon held at Penrith Regatta Centre on Friday 27 February 2015. It was an early start for the 48 competitors, with the coach departing school at 5.50am. Pennant Hills High School had 16 teams – nine male, five female and two mixed – consisting of three athletes each, who competed in the relay event. Congratulations to Benjamin who also competed in the solo event, held the previous day, and had an outstanding result of eighteenth in the Government Schools category.

In the relay event, each team member completes one of the three disciplines; swim, cycle or run. The swim is arguably the hardest leg and for some students it was their first time competing in an open water event. It can be a daunting experience, especially for the younger competitors, but our students showed true Penno character and completed their respective legs with a Nothing but the Best attitude.

This is one of the biggest school sporting events in the country, attracting over 3000 competitors from Government, Catholic and Independent Schools from across NSW. Our school had some outstanding results, including the team of Noah, Benjamin and Lachlan who came twenty-fourth overall and twelfth out of the Government Schools. Eleanor, Alison and Hannah came fifteenth in the Government Schools category, and Zachary, Christian and Emily came twenty-first overall and seventh against other Government Schools.

Congratulations to all competitors.

James Boyer, Head Teacher PDHPE
SPORT SHORTS

Grade Sport have been finalised. Any new student or students who have missed out on selection for Grade sport teams should see me before school or during recess to avoid any disappointment or confusion due to team composition.

Sick or injured students in Years 9—11 who have appointments on a Thursday sport afternoon, please see me in the Sport Office to receive permission before attempting to obtain a leave pass from Student Reception.

Valmé Kruger
Sport Coordinator

ARTISTIC ACHIEVERS

Congratulations to the following students who have been selected to perform in the Arts Unit ensembles.

- Senior Singers - Breanna
- Stage Band - Noah
- Symphonic Wind Ensemble
  - Alexander, Jessica
- Millennium Marching Band
  - Sophie, Eamon
  - Kalindi, Tabitha

Carol Coomber
Band and Choir Coordinator

School traffic safety
Keeping our children safe

Traffic rules and regulations around schools are there for a very important reason… the safety of our children. Did you know?

- Loss of demerit points apply when certain offences are committed in an operating school zone. For example, a minimum penalty of a $415 fine and the loss of 2 demerit points applies for stopping or parking a vehicle on or near:
  - A pedestrian crossing
  - A children's crossing
  - A marked foot crossing
  - Double parking
    - Minimum fine is $311 and 2 demerit points
  - Parking in a bus zone
    - Minimum fine is $311 and 2 demerit points
  - Parking on the footpath
    - Minimum fine is $173 and 2 demerit points
  - Obstructing traffic
    - Minimum fine is $173

School opening and closing times are busy times for pedestrian and motor vehicle traffic outside the school. Drivers have a responsibility to ensure the safety of all children.

Always drop-off and pick-up your children from your school’s designated area, following your school’s road safety procedures with care and courtesy.

‘PENNO’ PRAYER MEETING

Mums, Dads and Grandparents, come and join us as we pray for ‘Penno’ staff and students.

2nd and 4th Friday of each month during term from 8.45am to 9.15am

Please meet at Public Reception.

Enquiries: Kim Allan on 0410 548 350.
ELIZA JANE’S SCHOOL OF DANCE

EJSD

Venue: St Agatha’s Catholic Primary School
7 Trebor Road, Pennant Hills

All choreography and music is age appropriate.

0410 780 794
elizajane@woodburyfs.com.au
www.elizajaneschooldance.com.au

JAZZ • CLASSICAL BALLET (BAL)
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THE ACTING EXPERIENCE

APRIL SCHOOL HOLIDAY PROGRAMS:

› PRIMARY DRAMA DAYS
FOR SCHOOL YEARS 4 TO 6
TUES 14 APRIL

› YOUNG ADULT SCREEN
ACTING EXPERIENCE
FOR HIGH SCHOOL STUDENTS
1 OR 2 DAY PROGRAM
WED 15 AND THURS 16 APRIL

The Acting Experience also runs weekly drama classes:
› Primary Classes – Wednesdays
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FOR MORE INFORMATION:
actingexperience.com.au
info@actingexperience.com.au
0457 574 662

NSW Family Energy Rebate

2014-2015

$150 TOWARDS ENERGY BILLS

Apply before Midnight
16 June 2015

2 MINUTES TO FILL IN A FORM
* eligibility criteria apply

A Pennant Hills High School Welfare Initiative

Free Eye Tests
Covered through Medicare

Contact Meagan Dench
today for an obligation
free market appraisal
of your home.

Meagan Dench
0410 316 943
9481 9199
meagan@soames.com

See Soames for Homes

www.pennanthil-h.schools.nsw.edu.au
COMMUNITY NOTICES AND CONTACTS

COMING EVENTS

Oakhill College Art Exhibition: Saturday 21 March 2015 (10.00am-5.00pm) and Sunday 22 March 2015 (10.00am-4.00pm)
Old Northern Road, Castle Hill. Art, craft, sculpture, glass, jewellery, music, café. Admission: ‘gold or fold’
Information: www.artoakhill.com.au or Terri Unwin 0419 734 704

Pennant Hills Guides present … Cinderella: Opening Night Thursday 26 March 2015 at 6.30pm
Hornsby Odeon Cinema, 155 Peats Ferry Road, Hornsby. Order tickets by 23 March ($13.00). Leonie: 0431 849 383

GIANT BOOK SALE: Friday 27 March 2015 (9.00am-8.00pm) and Saturday 28 March 2015 (8.00am-3.00pm)
134 New Line Road, Cherrybrook (Uniting Church). Run by the Rotary Club of West Pennant Hills and Cherrybrook.
Donations of books, original CDs and DVDs, records and sheet music welcome. Must be in good condition.
All proceeds will go to local Rotary charities. Information: 0468 330 668 or www.wphcrotary.org

Pennant Hills High School GREAT PENNO RENO Fundraiser Cake Stall: Saturday 28 March 2015 - from 8.00am
Freshly made cakes, biscuits and slices to tempt you on voting day. All proceeds to the Great Penno RIV.
Dig in to a tasty treat and help fund our next great community working bee.

Pennant Hills High School GRAND PIANO Fundraiser Barbecue: Saturday 28 March 2015 - from 8.00am
Piping hot sausage sandwiches and icy cold drinks for sale on voting day. All proceeds to our Grand Piano Fund. Buy a sausage and help us snag a grand piano.

Market Day: Cheltenham Girls High School, Saturday 28 March 2015 (polling day)
Dept of Sport and Recreation School Holiday Camps: Kids’ camps for 7—16 year olds, all-inclusive family camps.
A great range of venues and activities. Information: 13 13 02 or facebook.com/nswsportandrecreation

Thornleigh Lifeline ANNUAL BOOK FAIR: Saturday 18 and Sunday 19 April 2015: 8.00am—5.00pm
Thornleigh Community Centre, Cnr Phyllis and Central Avenue, Thornleigh (next to Bunnings)

STUDENT EXCHANGE PROGRAMS

LATTITUDE AUSTRALIA Volunteering and gap year placements for U/25s - www.latitude.org.au or (03) 9826 6266

World Education Program Australia (WEP) www.wep.org.au or 1300 884 733.


Lions Youth Exchange Program for 17-21 year olds - www.lionsclubs.org.au/eye

STS Student Exchange www.sts-education.com.au or 1800 263 964

AFS Intercultural Programs Australia www.afs.org.au or 1800 023 982

RECREATION AND SPORTING GROUPS

Northern District Hockey Association: www.ndhockey.com.au or phone 0419 299 808 (Adrian) or 0438 119 729 (Robert)
U5—U9 ‘Minkey’. U11, U13 and U15 mixed junior comp. Play on a world class artificial turf facility at Pennant Hills Park.

West Pennant Hills Cherrybrook Football Club: www.wphfcfc.net.au

Rugby Connect—Trytions: is a Rugby Union program developed for boys and girls with special needs between the ages of 5—17 years. The season is run by Sydney Junior Rugby with the assistance of the Australian Rugby Union and NSW Rugby. Please contact Matt Kellahan mkel@nswrugby.com.au or phone 9323 3407.

Hills Hawks Softball: All ages 4-adult welcome - www.hillshawks.softball.org.au or phone Hazel - 0414 474 461

Pennant Hills District Cricket Club: (15 years and over) pennanithillscricket.com.au

Milo T20 Blast Indoor Cricket School Cup: an 8-week competition for Years 7 and 8, commencing 27 April 2015.
Free trial sessions: 30 March, 5.00—6.30pm, Action Indoor Sports, 7A Gundah Road, Mt Ku-ring-gai
Information: Austin - 9457 9040 or info@aismtkuring-gai.com.au


Penatt Hills Cherrybrook Rugby League Club: www.pennostags.com or 0418 677 511 (Ross Ruhan). All ages.


Cherrybrook Table Tennis Club: 0412 520 854 - Enjoy social and competition table tennis.

Sydney Zodiacs Youth Dragon Boat Club: www.dbnsw.org.au or sydneyzodiacs@yahoo.com.au or 0410 655 764

Epping RSL Golden Kangaroos Marching Band: www.gks.org.au or 9868 3289

Symphony Orchestra, Wind Ensemble and Strings Orchestra. Weekly rehearsals at Beecroft on Wednesdays.

2nd/3rd Pennant Hills Scout Group: 0408 121 690 (Greg Smithson) - Mondays (7-11) and Wednesdays (10-15).

Pennant Hills Girl Guides: 0438 284 592 (Fiona) - Mondays - Guides (10-14) 5:30-7:30pm; Senior Guides (14-18) 7-9pm.


Cherrybrook Athletics Club (children aged 5—16): Friday nights 5.45pm—8.00pm www.cherrybrookathletics.org.au

Taiko Drumming (a blend of choreography, drumming, movement and music for everyone): www.taikoz.com

St Agatha’s Youth Group: for students from Years 7 to 9 - www.stagatha.org.au or 0409 847 208 (Laurie)


Cherrybrook United Netball Club: Games played at Pennant Hills Park. Modified ‘Net Set Go’ (5—9) Friday evenings; Juniors (10—15) Saturday mornings; Seniors (16—open) Saturday afternoons. Phone Keryn on 0412 693 224

Castle Hill BMX Club: Fred Caterson Reserve, Castle Hill. Facebook: facebook.com/castlehillbmx
President: Michael 0404 093 303. Email: castlehillbmx@hotmail.com
COMMUNITY NOTICES AND CONTACTS

HELPERS NEEDED

Foster families needed: Department of Family and Community Services - 8303 7644
Carers can be singles, couples, with or without children, and from any cultural background.

Foster carers needed: Key Assets NSW, a dynamic not-for-profit foster care provider - 8336 5700
Providing high quality and innovative family placements for children and young people with varying needs.

Volunteer with Easy Care Gardening: www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)

Bilingual Volunteers Needed: City of Sydney Meals on Wheels - For more information, phone 8512 4230.

Lifeline Telephone Volunteers needed: It's never too late to make a difference … or to learn new skills.
Join a team of volunteers on the crisis support line based at Gordon. Training is comprehensive and ongoing support is provided for all volunteer counsellors. More information: 9498 8805 or admin@lifelineh2h.org.au

COMMUNITY SERVICES AND SUPPORT

Free adult Literacy and Numeracy classes—Meadowbank TAFE: 9942 3572. Reading, writing and speaking.


English Classes—Wednesday evenings! 7.00pm—9.00pm during school terms. Cost $3.00 per week.
West Pennant Hills Community Church, 41–43 Eaton Road, West Pennant Hills. Information and to register: 9872 4200.

The Kids Are All Right Website for parents of Australian teenagers.
For articles on teenagers plus a forum for parents of teens, go to www.thekidsareallright.com.au.

Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women: Students selected on merit.
Information and applications: www.avcat.org.au or phone 9213 7999 or 1800 620 361 (voicemail)

Jack’s Youth Café at Hornsby (run by Fusion Sydney North): 5 Jersey Street Hornsby (a short walk from the station).
After school activities for students in a safe environment, Tuesdays–Fridays 3.00pm-6.00pm. Phone: 9477 1110.

Ability Options: a free service helping people with a disability into the job that’s right for them.
More information: abilityoptions.org.au or contact Caroline Krix on 8811 1717 or caroline.krix@abilityoptions.org.au

Ability Links: supporting people with a disability, their families and carers to achieve their goals in life.
For more information phone 8830 0768 or email abilitylinks@unitingcarenswact.org.au

Foster Care Association NSW Inc: Providing advocacy, support and information to foster carers.
www.fcansw.org.au or phone 4987 1847

Healthy Kids FREE Parent e-zine: important nutrition information and great recipes: www.healthy-kids.com.au
Enrol to Vote: If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.
Check if you’re enrolled at www.votensw.info, enrol to vote at www.aec.gov.au or phone 1300 135 736

Uniting Care Northmead: 8839 5107 - Workshops and counselling for parents. Phone for more information.

TOUGHLOVE: 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

Information and education provided by NSW Health - Northern Sydney Central Coast.

Centacare Broken Bay: 9488 2523 - Advice and support for parents.

Depression Support Group: 1300 794 991
Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

Parent Line: www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.

Kids Helpline: 1800 55 1800 - Free confidential service 24 hours every day.

Mission Australia: Email CAFS@missionaustralia.com.au or 9482 1366 - Free counselling and support service.

Single With Children: www.singlewithchildren.com.au or 1300 300 496
Non-profit social group providing exciting activities for single parents and their children.

Sydney Single Parents: www.sydneysingleparents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)

Hills Family Centre: 8805 7288 - Workshops and courses for parents and families.

Wesley Mission Family/Youth Services (the Hills): www.wesleymission.org.au/centres/wesleydalmar/ or 8805 7288

Community Life Church Cherrybrook Life Centre: 9651 3534 - Counselling and parenting courses available.


NSW Health Free Dental Clinic for 12-25 year olds: 9687 2544 - High Street Youth Health Service, Harris Park.

Rotary Club of Thornleigh Farm Markets: Third Sunday of every month - 8.00am-12.00noon - Phyllis St, Thornleigh

Christ Evangelical Centre of Australia Chinese Language School: 0410 613 814 (Jenny)

The Australian Childhood Vision Impairment Register: www.vifamilynetwork.org.au
The Register collects and uses data to improve services for children and to research eye disease and disorders of vision.

Bedford College Play Sessions for children (0—5 years) and their parents/carers: Fridays 9.30am—11.30am
2 Columbia Court, Baulkham Hills. Small fee includes morning tea for children and their carers. Bookings: 1300 174 174

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