BUILDING A STRONG COMMUNITY

At the beginning of this term, Pennant Hills High School provided two camping experiences, both with the goal of developing relationships and strengthening bonds between members of specific groups within our school community.

The Year 7 Camp, with a wide range of activities over two days, provided our newest and youngest students and some of our staff members with an opportunity to get to know each other in a fun and relaxed environment, as they began to embrace this next stage of their schooling experience.

At the School Music Camp, held over three days, our musicians and choristers worked hard during tutorials and practice sessions, balanced with activities which focused on building a coherent group of performers.

Our thanks go to the many parents and members of staff who contributed to the positive experiences had at both of these camps. Reports on the camps can be found later in this edition of Jumbunna.
### LOOKING FORWARD

#### Term 1, 2015

<table>
<thead>
<tr>
<th>Week 5A</th>
<th>Monday</th>
<th>23 February</th>
<th>Zone Swimming Carnival</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Tuesday</td>
<td>24 February</td>
<td>P&amp;C Meeting, 7.30pm in the Library</td>
</tr>
<tr>
<td></td>
<td>Wednesday</td>
<td>25 February</td>
<td>Year 11 Study Smart Seminar</td>
</tr>
<tr>
<td></td>
<td>Thursday</td>
<td>26 February</td>
<td>NSW All Schools Triathlon Championships</td>
</tr>
<tr>
<td></td>
<td>Friday</td>
<td>27 February</td>
<td>NSW All Schools Triathlon Championships</td>
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</tbody>
</table>

**Week 6B**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>3 March</th>
<th>Open Night 4.00pm—7.30pm</th>
</tr>
</thead>
</table>

**Week 7A**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>10 March</th>
<th>Year 11 and 12 Parent—Teacher Evening</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>Friday</td>
<td>13 March</td>
<td>HSC Encore</td>
</tr>
</tbody>
</table>

**Week 8B**

<table>
<thead>
<tr>
<th>Tuesday</th>
<th>17 March</th>
<th>Regional Swimming Carnival</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>18 March</td>
<td>Year 12 ESL to UNSW Figtree Theatre</td>
</tr>
<tr>
<td>Thursday</td>
<td>19 March</td>
<td>Year 7 HPV, DTP and Chicken Pox Vaccinations</td>
</tr>
</tbody>
</table>

**Week 9A**

<table>
<thead>
<tr>
<th>Monday</th>
<th>23 March</th>
<th>Year 12 Half Yearly Examinations (ALL WEEK)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>24 March</td>
<td>P&amp;C Meeting, 7.30pm in the Library</td>
</tr>
<tr>
<td>Friday</td>
<td>27 March</td>
<td>CHS Swimming</td>
</tr>
<tr>
<td>Saturday</td>
<td>28 March</td>
<td>CHS Swimming</td>
</tr>
<tr>
<td>Sunday</td>
<td>29 March</td>
<td>CHS Swimming</td>
</tr>
</tbody>
</table>

**Week 10B**

<table>
<thead>
<tr>
<th>Monday</th>
<th>30 March</th>
<th>Year 12 Half Yearly Examinations (ALL WEEK)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>2 April</td>
<td>Last Day of Term 1</td>
</tr>
<tr>
<td>Friday</td>
<td>3 April</td>
<td>PUBLIC HOLIDAY—First day of School Vacation</td>
</tr>
</tbody>
</table>

### Term 2, 2015

#### Week 1A

<table>
<thead>
<tr>
<th>Monday</th>
<th>20 April</th>
<th>SCHOOL DEVELOPMENT DAY—Staff only to attend</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>21 April</td>
<td>Students commence Term 2</td>
</tr>
<tr>
<td>Wednesday</td>
<td>22 April</td>
<td>Meet the Music Concert at Sydney Opera House</td>
</tr>
</tbody>
</table>

**Week 2B**

<table>
<thead>
<tr>
<th>Wednesday</th>
<th>29 April</th>
<th>School Cross Country Carnival</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday</td>
<td>1 May</td>
<td>Back-up Date for School Cross Country Carnival</td>
</tr>
</tbody>
</table>

**Week 3A**

<table>
<thead>
<tr>
<th>Tuesday</th>
<th>5 May</th>
<th>Years 7 and 8 Parent—Teacher Evening</th>
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</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>6 May</td>
<td>School Athletics Carnival</td>
</tr>
<tr>
<td>Thursday</td>
<td>7 May</td>
<td>Year 11 PARTY Program</td>
</tr>
<tr>
<td>Friday</td>
<td>8 May</td>
<td>Angels in America Performance</td>
</tr>
</tbody>
</table>

**Week 4B**

<table>
<thead>
<tr>
<th>Monday</th>
<th>11 May</th>
<th>Year 10 Work Experience</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>11 May</td>
<td>Zone Cross Country</td>
</tr>
</tbody>
</table>

### ASSESSMENT TASKS FOR YEAR 11 - Term 1 2015

**Week 5A**

| Friday  | 27 February | Business Studies: Task 1 - In class extended response |

**Week 8B**

| Friday  | 20 March | Biology: Assessment Task |

**Week 9A**

| Wednesday | 25 March | Physics: Assessment Task |

**Week 10B**

| Wednesday | 1 April | Geography: Task 1 - Examination |

### ASSESSMENT TASKS FOR YEAR 12 - Term 1 2015

**Week 4B**

<table>
<thead>
<tr>
<th>Monday</th>
<th>16 February</th>
<th>English: Vlog Assessment Task due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>17 February</td>
<td>English: Vlog Assessment Task due</td>
</tr>
</tbody>
</table>

**Week 9A**

| Monday  | 23 March  | Year 12 Half Yearly Examinations (ALL WEEK) |

**Week 10B**

| Monday  | 30 March  | Year 12 Half Yearly Examinations (ALL WEEK - excluding Good Friday) |
It is with great pleasure that I write my second contribution to Jumbunna. The beginning of 2015 has been very busy and I have been impressed with the fantastic start that all students have made. In particular, I am pleased with the progress of Year 7. As the Deputy Principal responsible for Year 7 in 2015, it gives me great satisfaction to report on their growing confidence and enjoyment as new high school students.

The Year 7 Camp was a great success. During my visit to Vision Valley, I observed smiling faces, nervous laughs and cheering as Year 7 participated in a variety of fun and challenging recreational activities. As a PDHPE teacher, I believe that when students engage in physical challenges, not only are they challenged physically but also mentally. This strengthens their ability to commit to tasks and also to face stressful situations head on. Furthermore, camps serve a number of purposes. Some of our camps provide an opportunity to consolidate and build on what has been learnt in the classroom. At these camps, students have the opportunity to develop teamwork and encourage each other. All our camps aim to establish and build healthy relationships amongst staff and students, whilst also providing an opportunity to develop new friendships. As Deputy Principal, I encourage all students and parents to support our wide range of camps and take advantage of the opportunities that open up when they are offered here at school.

Still on Year 7, I would like to express my thanks to all parents who were able to make it to our ‘Welcome to Year 7’ barbecue last Tuesday. It was wonderful to have the opportunity to introduce ourselves to you and to share something of our plans for the year. From the outset, Pennant Hills High School has been a school which partners with families and, like all good partnerships, communication is essential. We greatly value the time you took out of your busy week to meet with us and to further develop the home-school relationship. We as a staff are excited about 2015 and I hope you drove home on Tuesday night with a similar anticipation.

As I am still somewhat new to Pennant Hills, I continue to be impressed by the behaviour and commitment that many of our students display in all areas of their school life. This behaviour was observed during our recent SRC Induction Ceremony. The depth of leadership that we have in our student body is impressive. This is truly a reflection of our families and wider community. I would like to extend a warm welcome to our Year 7 representatives and new inductees. I am positive that you will make significant contributions as leaders of our school.

Late last year, information regarding BYOD was made available to all our parents. Information was posted on the school website and also distributed in print form. As a teacher who values and endorses the use of technology in the classroom, I will be regularly writing about the innovative ways in which educators can use ICT to engage, connect and enrich your child’s learning experiences. I do encourage you to be informed regarding BYOD, and if you have any questions regarding its implementation, please contact our Technology Team led by Mr Minton for further information. Alternately, please check the BYOD page on the school website which can be found at: http://www.pennanthil-h.schools.nsw.edu.au/our-school/rules-policies/bring-your-own-device-byod

Lastly, excitement is building in anticipation of the 2015 Open Night which is quickly approaching. This showcase event will be held at the school on Tuesday 3 March 2015 between 4.00pm and 7.30pm, and I do encourage you to attend and join in the festivities. I am looking forward to my first Open Night, so please come along, invite your family and friends and take the opportunity to see what our great school has to offer. Open Night truly is in an insight into the wonderful education provided for our students. I look forward to seeing you all there.

Once again, welcome to all our new students and their families. I wish you all a fantastic experience in 2015.

Amanda De Carli
Deputy Principal

CARING FOR OUR STUDENTS

From time to time it will be necessary for students to leave school part-way through the school day. Whilst these instances should be kept to an absolute minimum, we understand that at times they will be unavoidable.

If you know in advance that your student will need to leave school early, please send a signed note which they should present to Student Reception at the start of the school day, so a Leave Pass can be prepared. Students holding a Leave Pass are free to leave the school grounds at the designated time.

If a student needs to leave unexpectedly during the day, to ensure their safety and security, our staff are obliged to ask for ID from the person coming to collect them. Parents should ensure that they (or their approved representative) bring some form of photo ID if they are collecting their student without prior written advice to the school.
CREATIVE AND PERFORMING ARTS

The Creative and Performing Arts Faculty had a very positive 2014 with students involved in an extensive range of curricular and curriculum enrichment activities which showcased their talents and interests. Of particular note was the success of our 2014 HSC students.

CAPA HSC Results 2014

Congratulations to Year 12 Visual Arts student, Ben, who had his 2014 HSC Body of Work selected for Artexpress. Ben’s artwork, titled Limbo, is on display at the Art Gallery of NSW from mid February 2015.

Overall, the CAPA Faculty had strong HSC results in 2014, with 74% of the Visual Arts cohort in the top two bands: five achieving a Band 6 and 19 achieving a Band 5. Drama had two students receive a Band 6, with 50% of the cohort in the top two bands. Music results were strong, with all students in the Music 2 Course receiving a Band 6 or a Band 5, and all four Music Extension students receiving an E4, the top Band.

The intensity of our Stage 6 CAPA programming and the support our students enjoy from their dedicated Drama, Music and Visual Arts teachers must be acknowledged alongside the talent and commitment of our 2014 HSC CAPA candidature. Well done to all.

CAPA 2015

Throughout 2015, our students will have the opportunity to participate in an extensive range of activities.

Our senior Drama students attended OffSTAGE at the Seymour Centre on the evening of Saturday 31 January, and Year 12 Drama students attended On STAGE on Wednesday 11 February. Exemplar 2014 HSC Drama performances were showcased at both events.

Upcoming excursions and events include the School Musical Annie; Fearless, an HSC Production Seminar; and Angels in America production for Year 10 and 12 students at the Darling Quarter Theatre.

The Drama Ensemble will run again in 2015 and the faculty will also stage its Drama Festival later in the year.

Music teachers have encouraged their student musicians to subscribe to Meet the Music at the Opera House for the 2015 season. Year 7, along with other Music students from across all years, will see the Suara Indonesian Dance Group perform on Thursday 12 March as part of their Music courses.

The School Music Camp once again provided a wonderful opportunity for our talented musicians to rehearse together with intense focus from Sunday 8 to Tuesday 10 February at Crusaders Galston Gorge Conference Centre. The students then performed at the Music Camp Concert Evening on Tuesday 10 February in the MPC. Choir students also attended Music Camp this year, staying for one of the two nights. More information about the School Choir 2015 season will be made available throughout the coming weeks.

The May Music Festival will be held in the MPC on Wednesday 20 May, where Pennant Hills High School bands will perform along with local primary school bands.

Year 12 Visual Arts students attended Artexpress at the Art Gallery of NSW on Friday 20 February, providing an opportunity to see exemplar 2014 HSC Bodies of Work. They also viewed the Pop to Popism Exhibition. On the same day, Year 11 Visual Arts students visited Cockatoo Island to sketch and photograph in preparation for their Term 1 artwork. Later in the year, Year 10 is scheduled to attend the Archibald Exhibition and Year 9 will visit the Botanical Gardens and Sydney foreshores in preparation for their Term 3 art making.

The CAPA Faculty will hold the CAPA Festival in Week 5 of Term 3, so mark this week on your calendar as an exciting opportunity to experience Music, Drama and Visual Arts at their best. We are looking forward to working with our Creative and Performing Arts students throughout 2015 and wish all of our students a positive and inspiring start to the academic year.

Student Profile: Christie and the MCA

Christie is a Year 12 Visual Arts student who has recently been chosen as a member of the 2015 Museum of Contemporary Art Youth Committee following a rigorous selection process including an in depth written application and interview. The MCA Youth Committee is a group of 20 Year 7-12 students from across Sydney who meet regularly to plan, create
and organise activities for the MCA event Genext, which runs five times a year. Christie is involved in a range of activities, including typographic work, activity leader and assisting artists.

An award winning event where teenagers take over the MCA after hours, Genext has been running for a number of years. Events are generally themed around the temporary exhibition in the gallery at the time. Currently this is the Chuck Close Exhibition. As well as seeing the exhibition for free, guests enjoy live music, creative workshops, refreshments and a whole range of engaging activities for guests. Genext has a great atmosphere and encourages creative interaction between like-minded young people and artists.

The MCA Youth Committee members also have the opportunity to assist with off-site events, as well as connecting with the art industry, gaining knowledge of the art/museum world and learning about art making and conservation. Christie will be involved in the program for 12 months and hopes that this invaluable experience will serve her well as she moves on to future studies and a career.

**Grand Piano Fund**
The Pennant Hills High School CAPA Faculty and Band Program would like to purchase a C3XPE 6’11” Grand Piano, at a cost of approximately $30,000, which will be located in the MPC. This piano would be used by senior students in their HSC Music performances and by accompanists for the HSC Music students, as well as in the Band Program, school musicals and at school ceremonies, including solo performances at events such as the Year 12 Graduation and Presentation Evening.

In 2013, the Music Faculty utilised faculty funding to hire a grand piano for the HSC Music performances, and in 2014 the P&C generously provided funds for such hire. However, covering the cost of hire is not sustainable long term, and we wish to provide the best possible opportunities for our student musicians. In order to do this, we have set up the Grand Piano Fund whereby any member of the community or school family may make a contribution towards the purchase of a grand piano. We hope that this purchase will be something that is quite achievable in the near future.

Contributions would be gratefully accepted. To make a contribution, please contact Pennant Hills High School payments window between 8.00am and 3.00pm weekdays on 9473 5000. We are able to accept payments as cash, EFTPOS or cheque (payable to Pennant Hills High School).

*Janelle Dennis*
*Head Teacher CAPA*

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**PENNANT HILLS HIGH SCHOOL P&C**
The school’s Parents and Citizens Association meets at 7.30pm in the school Library on the fourth Tuesday of each month, with the exception of holiday months and July. All interested parents are encouraged to attend these meetings to contribute to the valuable support this parent body makes to our students’ education.

**P&C Meeting Dates for 2015**
24 February - 24 March - 26 May
23 June - 25 August - 27 October
24 November (followed by AGM)

**ROTARY YOUTH EXCHANGE**
**A WORLD OF OPPORTUNITY**
Students currently in Year 9 or 10 are encouraged to consider a year of Youth Exchange in 2016. They will find the experience of living in another country exciting and challenging. There are many destinations available in Europe and Asia, with students having been sent to Spain, Norway and Denmark in recent years.

In this quality program managed to the high standards of Rotary International, each student is assigned their own Rotary mentor and a counsellor.

More information: www.ryea.org.au OR Rotary Club of West Pennant Hills and Cherrybrook
Tony 0412 812 624 or Rosemary 0439 819 965

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**PCYC BLUE STAR CITIZENSHIP PROGRAM**
Students aged 16—18 years are invited to nominate for the Blue Star Citizenship Program, which is run at no cost to the school and no cost to the student. All students who complete PCYC Blue Star will obtain the Duke of Edinburgh’s Bronze Award, a First Aid Certificate and a Certificate I in Active Volunteering.

As the first step in their leadership journey, the Citizenship Program introduces students to PCYC and gives them formal and informal opportunities in leadership and self-development.

Young people leave this program having dedicated at least 20 volunteering hours to their community; and having developed increased self-confidence, leadership ability and communication skills. They also gain a greater understanding of what responsibilities a good citizen brings to their community.

Have fun - help your community - gain new skills. www.pcyckleuestar.org OR 9625 9111
YEAR 7 CAMP

On Tuesday 3 February 2015, Year 7 set off for a two-day camp at Vision Valley. This camp was planned to help all Year 7 kids to get to know each other and to make new friends. For some of us, we came to camp knowing only a few kids but somehow I knew that by the end of camp, this was going to change.

We travelled to Vision Valley by coach. These were air conditioned and very comfy. We were all very excited and unsure of what would happen over the next couple of days. After putting our luggage into large shipping containers for storage we had an explanation of the rules of camp and then we moved off in groups to start activities. This was where the fun all really began. Activities included archery, high ropes, low ropes, canoeing, waterslides and raft building. My favourite was the water slide and archery. The activities didn’t stop. They even organised a disco after dinner before we settled into bed. Our cabin had four people to a room … two bunk beds in one room. I shared my room with Ben, Henry and Jordon. Our room was close to the dining hall, which made it easier to get to our breakfast.

We didn’t ever go hungry at camp. On the first day we had nachos for lunch, and for dinner we had potatoes, veggies and chicken … this was really tasty. For breakfast we had hash browns, bacon and eggs … yum! Then on the second day we made our own burgers for lunch, and you can’t forget the Paddle Pop ice-cream too.

The organisation by the camp staff was great. They had all activities planned and ready to go so everything could run smoothly. Thank you also must go to Ms Christensen and teachers who organised the camp. I had a great time and I have come home with lots of new friends. For someone coming to a new school with very few friends from this area, I now know that our year is full of friends and we can laugh and have fun together.

Lachie, Year 7
SCHOOL MUSIC CAMP

From Sunday 8 to Tuesday 10 February, students in the bands and choir participated in the annual Music Camp. This was the first time that the choir joined the band students in a Music Camp. It was a very exciting time, with over 100 students at the Galston Gorge Conference and Recreation Centre.

Students had a very intensive time with tutorials, rehearsals and combined band under the direction of Mr John Buckley (bands) and Miss Rachel Kelly (choir). There was also some time for recreation activities such as swimming and table tennis, plus the evening activities which were led by a former student, James.

It was a great time overall and the standard achieved in such a short time was amazing. Congratulations to all students and their conductors on an outstanding performance on the evening of Tuesday 10 February. This has been a great start to the year.

Carol Coomber, Music Teacher
Testing for Consideration for Placement in the Academic Extension Class in Year 7, 2016

The Higher Ability Selection Test (HAST) for those Year 6 students seeking placement in our academically selected class will be conducted at Pennant Hills High School from 9.00am to 12.00pm on Friday 20 March 2015. Application forms will be made available at Open Night and on the school’s website. Administration cost for the test is $70.00.

Completed applications must be returned to Mrs Susan Le Noury at the Payments Window (in Student Reception) NO LATER THAN 2.00pm on Friday 6 March 2015. Payment MUST accompany application.

All applicants will be emailed an information package upon receipt of this application and payment.
SOCIAL SCIENCES REPORT

I would like to take this opportunity to congratulate Social Sciences students on their outstanding achievements in the 2014 HSC.

Business Studies: Evan, Sean, Nicholas, Samuel, Grace, Jesse and Alexander.

Economics: Evan, Jules and Andrew.

Legal Studies: Daniel, Evan, Terence, Emma and Andrew.

I would also like to acknowledge the following individuals who excelled in 2014 Social Sciences courses.

Year 11: Kian, Maddison, Jared and Adam.

Year 10: Justin and Jack.

Year 9: Oliver and Laura-Ann.

Year 8: Mitchell, Rebeka, Erin and Patrick.

Year 7: Jessica, Aiden, Rachel, Nicholas and Jack.

The Social Sciences Faculty welcomes Mr Bastian, currently replacing Mr Craven who is on leave; and Mrs Watson, currently replacing Mr Broadhead who retired from Pennant Hills High School at the end of 2014.

As usual, it has been a very busy start to the 2015 academic year. HSC, Preliminary and Year 10 students are already preparing for or have completed assessment tasks.

Across each year group, assessments will occur in all Geography courses through common testing and common assignments, based on specific marking criteria. Many classes have already received information for the first of these tasks.

It is essential that students commence any research or study for assessment tasks as early as possible to avoid last minute rushed work or the pressures created by ‘bottlenecks’ of tasks due at around the same time.

We are looking forward to 2015 being an industrious and successful year for our students.

Fiona Ackerman
Acting Head Teacher Social Sciences

SPORT SHORTS

Good luck to Lachlan who is currently competing in the Australian Open Water National Championships in Perth.

Congratulations to Jordan who was selected in the Sydney North Baseball team.

Best of luck to Danusha and Daniel who were chosen to represent Pennant Hills High School in the Sydney North Boys Cricket team which is currently playing in the CHS tournament at Bathurst.

Valmé Kruger
Sport Coordinator

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info@actingexperience.com.au  
0457 574 662
COMMUNITY NOTICES AND CONTACTS

COMING EVENTS

Cherrybrook ‘Movie Under the Stars’: 7.30pm, Saturday 7 March 2015 - John Purchase Oval (behind Community Centre) Bring a blanket, bring the kids and enjoy The Lego Movie together. Gold coin donation to 1st Cherrybrook Scout Group. Food, drink and novelties on sale from 4.30pm. Stay a little longer and enjoy the fireworks following the movie.


STUDENT EXCHANGE PROGRAMS

LATTITUDE AUSTRALIA Volunteering and gap year placements for U25s - www.lattitude.org.au or (03) 9826 6266
Student Exchange Australia NZ www.studentexchange.org.au or 9997 0700.
World Education Program Australia (WEP) www.wep.org.au or 1300 884 733.
Australian Institute of International Understanding (AIUI) www.aiiu.org.au or 1800 174 407 - program costs apply.
Lions Youth Exchange Program for 17-21 year olds - www.lionsclubs.org.au/ye
STS Student Exchange www.sts-education.com.au or 1800 263 964
AFS Intercultural Programs Australia www.afs.org.au or 1800 023 982

RECREATION AND SPORTING GROUPS


West Pennant Hills Cherrybrook Football Club: www.wphfc.net.au

Rugby Connect—Trytonts: is a Rugby Union program developed for boys and girls with special needs between the ages of 5—17 years. The season is run by Sydney Junior Rugby with the assistance of the Australian Rugby Union and NSW Rugby. Please contact Matt Kellahan mkellahan@nswrugby.com.au or phone 9323 3407.

Hills Hawks Softball: All ages 4-adult welcome - www.hillshawks.softball.org.au or phone Hazel - 0414 474 461
Pennant Hills District Cricket Club: (15 years and over) pennanthillscricket.com.au

Milo T20 Blast Indoor Cricket School Cup: an 8-week competition for Years 7 and 8, commencing 27 April 2015. Free trial sessions on 23 February and 30 March, 5.00—6.30pm, Action Indoor Sports, 7A Gundah Road, Mt Ku-ring-gai Information: Austin - 9457 9040 or info@aismtkuring-gai.com.au


Pennant Hills Cherrybrook Rugby League Club: www.pennostags.com or 0418 677 511 (Ross Ruhan). All ages.


Cherrybrook Table Tennis Club: 0412 520 854 - Enjoy social and competition table tennis.

Sydney Zodiacs Youth Dragon Boat Club: www.dbnsw.org.au or sydneyzodiacs@yahoo.com.au or 0410 655 764

Epping RSL Golden Kangaroos Marching Band: www.gks.org.au or 9868 3289


2nd/3rd Pennant Hills Scout Group: 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

Pennant Hills Girl Guides: 0438 284 592 (Fiona) - Mondays - Guides (10-14) 5:30-7:30pm; Senior Guides (14-18) 7-9pm.

Hornsby District Athletics (children aged 4–17): Saturday mornings at Pennant Hills Park www.hdlac.org.au

Cherrybrook Athletics Club (children aged 5–16): Friday nights 5.45pm–8.00pm www.cherrybrookathletics.org.au

Taiko Drumming (a blend of choreography, drumming, movement and music for everyone): www.taikoz.com

St Agatha’s Youth Group: for students from Years 7 to 9 - www.stagatha.org.au or 0409 847 208 (Laura)

Taikoz


Lion’s Park Tae Kwon Do and Self Defence: Pennant Hills and West Pennant Hills. Leanda Bell - 0410 316 284

Cherrybrook United Netball Club: Games played at Pennant Hills Park. Modified ‘Net Set Go’ (5—9) Friday evenings; Juniors (10—15) Saturday mornings; Seniors (16—open) Saturday afternoons. Phone Keryn on 0412 693 224

Castle Hill BMX Club: Fred Caterson Reserve, Castle Hill. Facebook: facebook.com/castlehillbmx

President: Michael 0404 093 303. Email: castlehillbmx@hotmail.com

Heart Foundation Gear Up Girl: Sunday 8 March 2015 - Sydney’s largest female only recreational bike ride. Sponsored by the Heart Foundation. Information: bicyclensw.org.au
COMMUNITY NOTICES AND CONTACTS

HELPERS NEEDED
Foster families needed: Department of Family and Community Services - 8303 7644
Carers can be singles, couples, with or without children, and from any cultural background.
Volunteer with Easy Care Gardening: www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)
Bilingual Volunteers Needed: City of Sydney Meals on Wheels - For more information, phone 8512 4230.

COMMUNITY SERVICES AND SUPPORT
Free adult Literacy and Numeracy classes—Meadowbank TAFE: 9942 3572. Reading, writing and speaking.
English Classes—Wednesday evenings from 7.00pm—9.00pm during school terms. Cost $3.00 per week.
West Pennant Hills Community Church, 41–43 Eaton Road, West Pennant Hills. Information and to register: 9872 4200.
The Kids Are All Right Website for parents of Australian teenagers. For articles on teenagers plus a forum for parents of teens, go to www.thekidsareallright.com.au.
Tertiary Scholarships for children and grandchildren of Ex-Service Men and Women: Students selected on merit.
Information and applications: www.avcat.org.au or phone 9213 7999 or 1800 620 361 (voicemail)
Jack’s Youth Café at Hornsby: 5 Jersey Street Hornsby (a short walk from the station).
After school activities for students in a safe environment, run by Fusion Sydney North. Tuesdays-Fridays 3.00pm-6.00pm.
Bringing young people, their families and communities together with hope. Phone 9477 1110.
Ability Options: a FREE service helping people with a disability into the job that’s right for them.
More information: abilityoptions.org.au or contact Caroline Krix on 8811 1717 or caroline.krix@abilityoptions.org.au
Ability Links: supporting people with a disability, their families and carers to achieve their goals in life.
For more information phone 8830 0768 or email abilitylinks@unitingcarenswact.org.au
Foster Care Association NSW Inc: Providing advocacy, support and information to foster carers.
www.fcansw.org.au or phone 4987 1847
Healthy Kids FREE Parent e-zine: important nutrition information and great recipes: www.healthy-kids.com.au
Enrol to Vote: If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.
Check if you’re enrolled at www.votensw.info, enrol to vote at www.aec.gov.au or phone 1300 135 736
Uniting Care Northmead: 8839 5107 - Workshops and counselling for parents. Phone for more information.
Interrelate family centres: 8882 7850 - Phone for details of current workshops and courses for parents.
TOUGHLOVE: 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.
Information and education provided by NSW Health - Northern Sydney Central Coast.
Centacare Broken Bay: 9488 2523 - Advice and support for parents.
Depression Support Group: 1300 794 991.
Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.
Parent Line: www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.
Kids Helpline: 1800 55 1800 - Free confidential service 24 hours every day.
Mission Australia: Email CAFS@missionaustralia.com or 9482 1366 - Free counselling and support service.
Single With Children: www.singlewithchildren.com.au or 1300 300 496
Non-profit social group providing exciting activities for single parents and their children.
Sydney Single Parents: www.SydneySingleParents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)
Hills Family Centre: 8805 7288 - Workshops and courses for parents and families.
Wesley Mission Family/Youth Services (the Hills): www.wesleymission.org.au/centres/wesleydalmarnor/ or 8805 7288
Community Life Church Cherrybrook Life Centre: 9651 3534 - Counselling and parenting courses available.
NSW Health Free Dental Clinic for 12-25 year olds: 9687 2544 - High Street Youth Health Service, Harris Park.
Rotary Club of Thornleigh Farm Markets: Third Sunday of every month - 8.00am-12.00noon - car park (corner Phyllis St and Central Ave, Thornleigh)
Christ Evangelical Centre of Australia Chinese Language School: 0410 613 814 (Jenny)
The Australian Childhood Vision Impairment Register: www.vifamilynetwork.org.au
Sponsored by the Royal Institute of Deaf and Blind Children, the Register collects data on Australian children with vision impairment. This data is used to improve services for children and to research eye disease and disorders of vision.

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