CONCERT BANDS IN FULL GLORY

Pennant Hills High School’s concert bands have always done well in music eisteddfods, and this year’s Yamaha Band Festival was no exception.

There was one significant difference, however. For the first time, the festival was held at the Concourse Centre in Chatswood. Surrounded by aromas wafting from the Korean BBQ and wood-fired pizza restaurants, this was a long (and tempting) way from past festivals which had been held in the relatively isolated Lindfield campus of UTS.

Our bands didn’t disappoint, performing to their usual high standard in their new surroundings.

A Diamond Performance for Concert Band 1
Concert Band 1 lit up the Concourse on Tuesday evening, 11 June, with one of their finest performances of the year. Pulling out all stops, they delivered a set of three pieces that had the audience in awe. Word on the street had the adjudicators describing Symphonic Essay as a ‘perfect’ performance, and in some sections ‘spine tingling’. Little wonder that these talented musicians won the Diamond Award.

Credit must go to our conductor John Buckley, whose passion to encourage his band to ‘play musically’ and ‘let the music speak for itself’ has led our young performers on a rich journey this year, allowing our new and established players to blend together as one incredible musical force.

Silver Award for Concert Band 2
Concert Band 2 performed in second-last slot of the evening on Wednesday 12 June, but the wait was worth it. Even allowing for the traditional ‘percussion shuffle’ between each piece, they performed smoothly and superbly, playing three items: Asian Folk Rhapsody, Harlequin Dance and Renegade Dances.

The second of these was a popular piece at the festival, with the adjudicator commenting that this was the fourth time he had heard it that day. However, Concert Band 2’s version was something out of the box. Our students played it with a jaunty, jazzy feel, and really brought the music to foot-tapping life.

Tuba player Kalindi of Year 8 received a special mention from the adjudicator for ‘bringing a lot of oomph to the often unwieldy instrument’. This performance was complemented by the rest of the band, who all played well, with the adjudicator giving a fairly restrained ‘a nice little band’ commendation.

They were so ‘nice’ in fact that they were awarded Silver. Congratulations to all the musicians in Concert Band 2 and to conductor Jason Isaac.

Tim Mendham and Michelle Healey
## FUTURE DATES

### Term 2 2013

<table>
<thead>
<tr>
<th>WEEK 9B</th>
<th>Monday</th>
<th>24 June</th>
<th>Subject Selection Evening in the MPC</th>
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<tbody>
<tr>
<td></td>
<td>Tuesday</td>
<td>25 June</td>
<td>Chemistry Excursion to Sydney University</td>
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<td></td>
<td>Tuesday</td>
<td>25 June</td>
<td>P&amp;C Meeting</td>
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<td></td>
<td>Friday</td>
<td>28 June</td>
<td>LAST DAY OF TERM</td>
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</tbody>
</table>

### VACATION

### Term 3 2013

<table>
<thead>
<tr>
<th>WEEK 1A</th>
<th>Monday</th>
<th>15 July</th>
<th>School Development Day</th>
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<tbody>
<tr>
<td></td>
<td>Tuesday</td>
<td>16 July</td>
<td>ALL STUDENTS RETURN TO SCHOOL</td>
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<tr>
<td></td>
<td>Friday</td>
<td>19 July</td>
<td>Science Challenge</td>
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<td></td>
<td>Friday</td>
<td>19 July</td>
<td>CHS Cross Country Carnival</td>
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<thead>
<tr>
<th>WEEK 2B</th>
<th>Sunday</th>
<th>21 July</th>
<th>Duke of Edinburgh’s Award Bronze Qualifying Hike</th>
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<tbody>
<tr>
<td></td>
<td>Sunday</td>
<td>21 July</td>
<td>Duke of Edinburgh’s Award Silver Practice Hike</td>
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<tr>
<td></td>
<td>Monday</td>
<td>22 July</td>
<td>Duke of Edinburgh’s Award Bronze Qualifying Hike</td>
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<tr>
<td></td>
<td>Monday</td>
<td>22 July</td>
<td>Duke of Edinburgh’s Award Silver Practice Hike</td>
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<tr>
<td></td>
<td>Monday</td>
<td>22 July</td>
<td>Sydney North Athletics Carnival—Day 1</td>
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<tr>
<td></td>
<td>Tuesday</td>
<td>23 July</td>
<td>Duke of Edinburgh’s Award Silver Practice Hike</td>
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<td></td>
<td>Tuesday</td>
<td>23 July</td>
<td>Sydney North Athletics Carnival—Day 2</td>
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<td></td>
<td>Tuesday</td>
<td>23 July</td>
<td>P&amp;C Meeting</td>
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<tr>
<td></td>
<td>Friday</td>
<td>26 July</td>
<td>MUFTI DAY—Jeans for Genes Fundraiser</td>
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</tbody>
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<thead>
<tr>
<th>WEEK 3A</th>
<th>Monday</th>
<th>29 July</th>
<th>TRIAL HSC EXAMINATIONS—All Week</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Wednesday</td>
<td>30 July</td>
<td>Year 11 Drama Production—7.00pm</td>
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<td>Thursday</td>
<td>31 July</td>
<td>Australian Mathematics Competition</td>
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<td>Thursday</td>
<td>31 July</td>
<td>Meet the Music Concert—6.30pm</td>
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<tr>
<td></td>
<td>Friday</td>
<td>1 August</td>
<td>Year 11 Drama Production—7.00pm</td>
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</tbody>
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<table>
<thead>
<tr>
<th>WEEK 4B</th>
<th>Monday</th>
<th>5 August</th>
<th>TRIAL HSC EXAMINATIONS—All Week</th>
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<tbody>
<tr>
<td></td>
<td>Monday</td>
<td>5 August</td>
<td>SES Cadet Camp—Milson Island</td>
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<td></td>
<td>Tuesday</td>
<td>6 August</td>
<td>SES Cadet Camp—Milson Island</td>
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<tr>
<td></td>
<td>Thursday</td>
<td>8 August</td>
<td>Vaccinations</td>
</tr>
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</table>

<table>
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<tr>
<th>WEEK 5A</th>
<th>Tuesday</th>
<th>13 August</th>
<th>CAPA Festival—HSC Drama ‘Family and Friends Night’</th>
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<tbody>
<tr>
<td></td>
<td>Wednesday</td>
<td>14 August</td>
<td>CAPA Festival—Stage 6 Music Soirée</td>
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<td>Wednesday</td>
<td>14 August</td>
<td>CAPA Festival—Visual Arts Exhibition</td>
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<td>Thursday</td>
<td>15 August</td>
<td>CAPA Festival—Visual Arts Exhibition</td>
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<td></td>
<td>Friday</td>
<td>16 August</td>
<td>CAPA Festival—Visual Arts Exhibition Official Opening</td>
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<td></td>
<td>Saturday</td>
<td>17 August</td>
<td>CAPA Festival—Visual Arts Exhibition</td>
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<thead>
<tr>
<th>WEEK 6B</th>
<th>Monday</th>
<th>19 August</th>
<th>SPIRIT WEEK—All Week</th>
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<tr>
<td></td>
<td>Monday</td>
<td>19 August</td>
<td>Bricks and Blocks</td>
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<td>Tuesday</td>
<td>20 August</td>
<td>Bricks and Blocks</td>
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<td>Wednesday</td>
<td>21 August</td>
<td>Year 11 Wired</td>
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<tr>
<td></td>
<td>Friday</td>
<td>23 August</td>
<td>Stage 5 Geography Fieldwork</td>
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</tbody>
</table>

### SCHOOL DEVELOPMENT DAY

Reminder: the next school vacation period will be followed immediately by a school development day.

On this day, teachers from Pennant Hills High School will meet with colleagues from other local high schools on our campus to workshop ‘Behaviour Management: A Whole-School Approach’ with educational expert, Bill Rogers.

**Students DO NOT attend school on Monday 15 July 2013.**

**SCHOOL RESUMES FOR ALL STUDENTS ON TUESDAY 16 JULY 2013.**
DEPUTY PRINCIPAL’S REPORT

Although it is only June, many of our Year 12 students are reaching the final stages in the development of major works across a number of subjects, including English Extension 2, Drama, Industrial Technology, Music, Society and Culture, Textiles and Design, and Visual Arts. These projects are due for completion next term, with Drama marking and the handing in of Society and Culture personal interest projects starting off the process on 5 August. A full schedule of dates can be found on the Board of Studies website under Dates and Events.


As this year’s Year 12 students work towards completion of their major works, it is timely to again recognise those students whose major works, completed in 2012, have been selected for inclusion in exhibitions.

In the previous edition of Jumbunna, Jacqui was acknowledged for having her English Extension 2 story selected for publication in the prestigious Board of Studies Young Writers Showcase.

In addition, eight of our students had their Industrial Technology Metal and Timber projects from 2012 nominated for inclusion in the InTech Display to be held at Olympic Park from 26–28 July 2013.

These students were Brandon, Simon, Corey, Charlie and Jonathan, all from Year 12 2012, and Joshua, Chris and Bronte from our current Year 12 who were accelerated in this course. Simon Begg was placed second in the state in this course in 2012.

These selections round off a very impressive year for the school with major projects. Other students previously acknowledged are Samantha (ArtExpress) and Benson (OnStage OnScreen). We trust the achievements of these students will inspire our current HSC candidates to strive for excellence in their projects.

Mark Tyler
Relieving Deputy Principal

YEAR 11 2014

CURRICULUM INFORMATION MEETING

Monday 24 June 2013
7.00pm

ROBERT STACEY HALL

This is an essential evening for any student intending to commence Stage 6 studies in 2014. Please ensure that you have accessed the Course Information Booklet on the PHHS website:

IMPORTANT NOTICE

USE OF STUDENT IMAGES

INTRODUCTION OF AN ‘OPT OUT’ APPROACH

At Pennant Hills High School we take great pride in the achievements of our students and the school as a whole and, whenever possible, we seek to share this information with the school community and members of the wider community. School photos, group photos and general photos of school life are often included in school publications and on the school website, where this information is shared. The publications may include but are not limited to *Jumbunna* and the Annual School Report, which also appear in digital form on the school’s website, and the school’s Year Book which is distributed in print form only. It is important, therefore, that we seek your permission to include images of your child on our website and in school publications.

In line with current practice across the state, Pennant Hills High School has adopted an ‘Opt Out’ approach to student photo permissions. That is, if we do not receive written advice from a parent or caregiver to the contrary, it will be taken as implied that you give permission for your child’s image to be included on the school website and in school publications.

If you do not wish your child’s image to appear on the school website or in school publications, you will need to make these intentions known in writing by completing the slip provided in the ‘Use of Student Images Opt Out Letter’. We will make every reasonable effort to comply with your wishes. This letter can be accessed on the Parent Portal (http://web1.pennanthill-schools.nsw.edu.au/content/parents/login.asp).

In the initial change-over period, parents and caregivers will have until Friday 28 June 2013 to submit the ‘Opt Out’ slip before implied permission will be implemented.

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ENGLISH FACULTY NEWS

As Year 12 students head toward their Trial HSC, assessments continue to be completed and Module C has begun. This is a crucial time as it is essential that this topic is covered sufficiently well before this exam. Students are encouraged to allocate sufficient time to both new work and revision of the course thus far.

Year 11 Advanced candidates are currently immersed in a critical study of William Shakespeare’s *Othello*. It is particularly pleasing that 50 students made the commitment to attend an out-of-school production of this demanding play in full performance by the Sport for Jove Company at the Seymour Centre. This was a particularly worthwhile experience, challenging all to assess the interpretation of the play against our own ideas. For many students this was their first experience of a full length production (3 hours) and clarified that a script is designed for performance and audience interaction. I would especially like to thank those parents who willingly transported their children and their children’s friends into the city at night to attend this production. Your support in providing our students with this very valuable experience is greatly appreciated.

*Jamie Simpson*
*Head Teacher English*

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THE ‘WOW’ FACTOR

Congratulations are due for several of our talented students who have received high praise for their achievements in their chosen field.

**Pierre de Coubertin**
Rebeka, of Year 12, has been selected to participate in the exclusive Pierre de Coubertin Awards Olympic Academy. Award recipients will participate in the academy activities on the morning of Friday 21 June 2013, prior to the official State Presentation to be held in the afternoon.

**State Drama Camp**
Three of our talented Year 11 Drama students have been selected to attend the State Drama Camp at Elanora from 23—27 June 2013. We congratulate Madi, Lauren and Larissa on achieving this recognition.

**State Senior Music Camp**
Nine Pennant Hills High School students will join with other talented musicians from across NSW at the State Music Camp to be held from 22—27 June 2013. Congratulations to Victoria, Alexander, Joseph, Jessica, Evan, James, Breanna, Jessica and Jules.
HISTORY

Congratulations to the following students who have been awarded certificates for their achievement, effort and improvement in their subjects within the History KLA.

Year 7: High Achievement
- Samuel, Eleanor, Leah

Year 7: Consistent Effort
- Eleanor

Year 8: High Achievement
- Mia, Laura-Ann

Year 8: Consistent Effort
- Harry

Year 9: High Achievement
- Russell, Justin

Year 9: Consistent Effort
- Russell

Year 9: Improvement
- Kirsten, Russell, Jack

Year 10: High Achievement
- Greg, Jared
- Miriam, Adam

Year 10: Consistent Effort
- Miriam

Year 11 Ancient History: Consistent Effort
- Kerry, Caitlin

Year 11 Ancient History: Improvement
- Caitlin

Year 11 Modern History: High Achievement
- Lucy, Madeleine

Year 11 Modern History: Consistent Effort
- Madeleine, Courtney

Year 11 Society and Culture: High Achievement
- Emma

Year 12 Ancient History: High Achievement
- Lucie, Merryn

Year 12 Modern History: High Achievement
- Sarah, Sarah

Year 12 Modern History: Consistent Effort
- Sarah

Year 12 Society and Culture: High Achievement
- Alana

Year 12 Society and Culture: Consistent Effort
- Alana

Year 12 History Extension: High Achievement
- Callum

Roger Niccol, Head Teacher History

PDHPE

Congratulations to the following students who have been awarded certificates for their achievement, effort and improvement in their subjects within the PDHPE KLA.

Year 7 PDHPE: Outstanding Results
- Alison, Taliah, Lewis

Year 7 PDHPE: Consistent Effort
- Michael, Timothy, Kate

Year 8 Game On: Consistent Effort
- Joshua

Year 8 Game On: Outstanding Results
- Isabella

Year 8 PDHPE: Outstanding Results
- Robert, Lachlan

Year 8 PDHPE: Consistent Effort
- Andrew, Lani, Prashan

Year 8 PDHPE: Marked Improvement
- Ken

Year 9 Game On: Consistent Effort
- Kimberley

Year 9 PASS: Outstanding Results
- Cody

Year 9 PASS: Consistent Effort
- Georgia, Matthew, Hannah

Year 9 PDHPE: Outstanding Results
- Taylor, Oliver
- Danusha, Tamara

Year 9 PDHPE: Marked Improvement
- Colleen

Year 10 Game On: Consistent Effort
- Amber

Year 10 PASS: Outstanding Results
- Gregory, Matthew
- Nathan, Kate

Year 10 PDHPE: Outstanding Results
- Emma

Year 10 PDHPE: Consistent Effort
- Amelia, Hamish,
- Nicholas, Lucas

Year 10 PDHPE: Marked Improvement
- Matthew

Year 11 PDHPE: Outstanding Results
- Mikhaela, Michael, Grace

Year 11 PDHPE: Consistent Effort
- Tristan, Olivia, Sarah

Year 12 PDHPE: Outstanding Results
- Jemma, Eloise, Alana

Year 12 PDHPE: Marked Improvement
- Andrew

James Boyer, Relieving Head Teacher PDHPE
INSPIRATIONAL THEATRESPORTS

On Wednesday 19 June 2013, our TheatreSports team put in an incredible performance to win their way into the Grand Final, which will be held at the Enmore Theatre on Sunday 21 July 2013.

They performed improvised drama scenes where they competed in the International Christmas Tree Decorating Championships; they were at day care and at a department store opening; and had to perform the story of Cinderella in the style of a cooking show. Eamon, Jessica and Sarah delivered great character work while James and Emma maintained the group’s composure and demonstrated brilliant improvisation techniques. This win deserves special mention, as Pennant Hills is the only comprehensive school to qualify for the final.

Courtney Cassar, Drama Teacher

STOLEN WORKSHOP

HSC Drama students from Pennant Hills, Muirfield, Jamison and Burwood Girls High Schools recently participated in a workshop on the play Stolen, which is based upon the lives of five indigenous people who dealt with the issue of forceful removal by the Australian government. The play is a part of the HSC Drama course, and we were privileged to have Kylie Belling and Tammy Anderson, actors who played the roles of Anne and Ruby for seven years, come to Pennant Hills to workshop the play and generally develop students’ understanding of characterisation. Kylie and Tammy have worked extensively in Australian theatre with eminent companies including Sydney Theatre Company, Belvoir, Playbox and Melbourne Workers’ Theatre.

The workshop presenters addressed questions on cultural relevance and historical context, the research and composition process, community consultation, set design, props, direction and performance. Students participated in several scenes from Stolen and contributed to a Director’s workshop of two excerpts. Tammy Anderson performed a segment from her new play I Don’t Wanna Play House, demonstrating the craft of characterisation. Teachers and students were able to ask further questions about Australian theatre and engage informally with the presenters.

Pennant Hills students benefited from working with students from other schools, whose perspective on the HSC Drama course broadened and enhanced their own understanding of Australian theatre.

Thanks go to Owen Belling, English Teacher, for organising this valuable experience.

Jane Dennett, Relieving Principal

INSPIRATIONAL THEATRESPORTS

There was cause for great excitement when Year 12 Hospitality student, Jessica, was selected as a regional finalist from a large number of students across the Sydney region for the VET in Schools Student of the Year Award Category.

Jessica represented Pennant Hills High School with pride, and we sincerely congratulate her on being selected for this prestigious award.

Trudi Heath
Hospitality Teacher

A PROUD ACHIEVEMENT

There was cause for great excitement when Year 12 Hospitality student, Jessica, was selected as a regional finalist from a large number of students across the Sydney region for the VET in Schools Student of the Year Award Category.

Jessica was one of only four students to be selected for this award. She was invited with her family (along with her proud Hospitality teacher) to attend the 2013 Central and Northern Sydney Regional Training Awards formal presentation ceremony, held at the Northern Sydney Institute of TAFE, Ryde.

Jessica during a recent practical lesson at school.

Jessica and Mrs Heath, with her Regional Finalist Award.

Jessica during a recent practical lesson at school.
Penno Prayer Meeting

Mums, dads and grandparents, please come and join us as we pray for ‘Penno’ staff and students.

1st and 3rd Friday of each month during term
8.45am–9.15am

Please meet at Public Reception.

Enquiries: Kim Allan on 0410 548 350.

CAPA FESTIVAL 2013

HSC Drama ‘Family and Friends Night’
Tuesday 13 August—6.30pm—Drama Studio 203

Stage 6 Music Soirée
Wednesday 14 August—7.00pm—MPC

Visual Arts Exhibition in the MPC
Wednesday 14 August: 11.00am—3.00pm
Thursday 15 August: 9.00am—3.00pm
Friday 16 August: 9.00am—9.00pm
Saturday 17 August: 11.00am—3.00pm

Official Opening
Friday 16 August: 7.00pm

Vaccination Clinic Visit

Thursday 8 August 2013

Year 7 Girls Human Papilloma Virus (HPV) - Dose 3
Year 7 Boys Human Papilloma Virus (HPV) - Dose 3
Year 7 Girls and Boys Hepatitis B - Dose 2
Year 9 Boys Human Papilloma Virus (HPV) - Dose 3

** Note: Northern Sydney Public Health Unit no longer vaccinates in Year 10.
Introducing a group program for students in Years 10-12 to learn practical strategies to manage stress. In eight, weekly sessions, a maximum of 8 students per group will be taught by a clinical psychologist how to navigate the stressful senior school years.

Topics covered include:
- How stress and anxiety affect our body and mind
- Time management and healthy study behaviours
- Relaxation and sleep strategies
- Conquering worries and unhelpful thoughts
- How parents can help their kids cope during the HSC

Groups will be run from our Pennant Hills consulting rooms starting in Term 3. For more information please contact us at Denton Clinical Psychology.

Phone: 8860 6480
admin@dentonpsychology.com.au
www.dentonpsychology.com.au
COMMUNITY NOTICES AND CONTACTS

COMING EVENTS

FREE Skateboarding Workshops - sponsored by Hornsby Shire Council and Skateboarding Australia
Sunday morning, 23 June 2013. Registration on the day (parent/guardian to sign for U/18s). Helmets compulsory. Information, including location: www.hornsby.nsw.gov.au or phone Kim Harris on 9847 6531.

Hills Hawks Softball Club Registration Day — ages 5 to adult
Sunday 23 June 2013—9.00am—12.00 noon at Hayes Park, Gaston Road, Galston Information: Belinda—0412 111 058 or www.hillshawks.softball.org.au

Ku-ring-gai Council Parent Forums - Understanding your Teenager

We’ve got the Beat — Sydney North Region Scouts and Guides Gang Show at Asquith Boy High School Theatre
28/6—8.00pm; 29/6—2.00pm and 8.00pm; 30/6—3.00pm; 3/7—8.00pm; 5/7—8.00pm; 6/7—2.00pm and 8.00pm. Tickets: $21 Adults; $11 Under 16; $16 Concession; $55 Family (2 adults + 2 children)
Bookings: Contact Errol on 9481 0937 or visit www.gangshow.com

Careflight’s Woodford to Glenbrook Classic—25 km run or cycle—Sunday 30 June 2013—www.careflight.org

Vision Valley Holiday Camps — Overnight and day camps during the July school holidays.
For information and bookings: www.wesleyvisionvalley.org.au or 1800 043 344

Career Guidance Testing: Oakhill College is offering students in Years 10, 11 and 12 the opportunity to complete a comprehensive career guidance tool called the Morrisby Report. The test will be held at the college on Monday 15 July 2013, commencing at 9.00am and ending at approximately 1.00pm. Cost per student is $100.00—deadline 12 July 2013.
For more information, contact Mr Symons in the Careers Office before the end of term.

Mission Australia FREE Parent/Carer Evenings—Living with Teenagers: 7.00pm—8.30pm
Cyber Strategies - 30/7 at Galston. Bullying Strategies - 31/7 at Hornsby. Adolescent Mental Health - 28/8 at Hornsby.
Bookings Essential: Contact Mission Australia on 9482 1366 during business hours for information or bookings.

Education Week Church Service: Sunday 28 July 2013, 9.15am at Pennant Hills Uniting Church
Corner Boundary Road and Bellamy Street, Pennant Hills. More information: Allan Blyth (Supply Minister): 0448 812 512

STUDENT SERVICES - Northern Sydney Region Disability Programs PARENT FORUM - Friday 13 September.
Bookings: Leanne Mulligan—9987 3900 or Leanne.mulligan@det.nsw.edu.au. Information: Kate McCosker—9987 3919.

STUDENT EXCHANGE PROGRAMS

LATITUDE AUSTRALIA - volunteering and gap year placements for U/25s - www.latITUDE.org.au OR (03) 9826 6266
Student Exchange Australia New Zealand - www.studentexchange.org.au or 9997 0700.
Southern Cross Cultural Exchange - www.scce.com.au or 1800 500 501 - Next Info Session: 18 June at 7.00pm
World Education Program Australia (WEP) - www.wep.org.au or 1300 884 733
Australian Institute of International Understanding (AIU) - www.aiiu.org.au or 1800 174 407 - program costs apply.
Lions Youth Exchange Program - for 17-21 year olds - www.lionsclubs.org.au/ye
STS Student Exchange - www.sts-education.com.au or 1800 263 964

RECREATION AND SPORTING GROUPS

Dural Sport and Leisure Centre (A ministry of Dural Baptist Church) - www.dslc.com.au or phone 9651 2777
Hills Hawks Softball - All ages 4-adult welcome - www.hillshawks.softball.org.au or phone Hazel - 0414 474 461
Interested in Playing Cricket? Find out more at playcricket.com.au
Pennant Hills Cherrybrook Rugby League Club - www.pennostags.com or 0418 677 511 (Ross Ruhan). All ages.
Beecroft Cherrybrook Junior Rugby Union Club - www.beecroftjuniors.com.au or 0439 904 457
Cherrybrook Table Tennis Club - 0412 520 854 - Enjoy social and competition table tennis.
Sydney Zodiacs Youth Dragon Boat Club – for ages 12—23 years – based at Bank Street Pymont. www.dbnsw.org.au or sydneyzodiacs@yahoo.com.au or 0410 655 764
Epping RSL Golden Kangaroos Marching Band - www.goldenkangaroos.org.au or 9868 3289 (Annette) Beginners, concert, stage and marching bands. Adults and children (all levels of experience) welcome.
2nd/3rd Pennant Hills Scout Group - 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).
Pennant Hills Girl Guides - 0438 284 592 (Fiona) - Meets Mondays (10-14 year olds) and Wednesdays (7-10 year olds).
St Agatha’s Youth Group - for students from Years 7 to 9 - http://www.stagatha.org.au or 0409 847 208 (Laura)
**COMMUNITY NOTICES AND CONTACTS**

**HELPERS NEEDED**

- **Foster families needed** - Department of Family and Community Services - 8303 7644
  Carers can be singles, couples, with or without children, and from any cultural background.

- **Volunteer with Easy Care Gardening** - www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)
  Bilingual Volunteers Needed - City of Sydney Meals on Wheels - For more information, phone 8512 4230.

**HELP WITH ENGLISH LANGUAGE AND NUMERACY**

- **Free adult literacy and numeracy classes** - Meadowbank TAFE - 9942 3572
  Reading, writing, speaking - group classes or 1:1 tutoring. Tutors also needed.

- **Free English courses for adult migrants** - www.ames.edu.au - Classes at Hornsby, Chatswood and Eastwood.

**COMMUNITY SERVICES AND SUPPORT**

- **Jack’s Youth Café at Hornsby** - 5 Jersey Street Hornsby (a short walk from the station)
  After school activities for students in a safe environment, run by Fusion Sydney North.
  **Bringing young people, their families and communities together with hope.**
  Tuesdays-Fridays 3.00pm-6.00pm. Phone 9477 1110.

- **Ability Options** - A FREE service helping people with a disability into the job that’s right for them
  For more information contact Caroline Krix on 8811 1717 or email caroline.krix@abilityoptions.org.au

- **Foster Care Association NSW Inc** - Providing advocacy, support and information to foster carers.
  www.fcsansw.org.au or phone 4987 1847

- **Healthy Kids FREE Parent e-zine** - important nutrition information and great recipes
  To sign up, visit: www.healthy-kids.com.au

- **Enrol to Vote** - If you are an Australian citizen who is 18 years of age or older, you must vote at all elections.
  Check if you’re enrolled at www.votensw.info, enrol to vote at www.aec.gov.au or phone 1300 135 736

- **Interrelate family centres** - 8882 7850 - Phone for details of current workshops and courses for parents.

- **TOUGHLOVE** - 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.
  Information and education provided by NSW Health - Northern Sydney Central Coast.

- **Centacare Broken Bay** - 9488 2523 - Advice and support for parents.

- **Depression Support Group** - 1300 794 991
  Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

- **Parent Line** - www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.

- **Kids Helpline** - 1800 55 1800 - Free confidential service 24 hours every day.

- **Mission Australia** - CAFS@missionaustralia.com.au or 9482 1366 - Free counselling and support service.

- **Single With Children** - www.singlewithchildren.com.au or 1300 300 496
  Non-profit social group providing exciting activities for single parents and their children.

- **Sydney Single Parents** - www.SydneySingleParents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)

- **Hills Family Centre** - 8805 7288 - Workshops and courses for parents and families.

- **Wesley Mission Family/Youth Services** - www.wesleymission.org.au/centres/wesleydalmar/ or 8805 7288

- **Community Life Church Cherrybrook Life Centre** - 9651 3534 - Counselling and parenting courses available.

- **Newcomers Club** - www.sydneynewcomers.com.au - Social club for women, offering support and friendship.

- **CUSTOM-FITTED SPORTS MOUTHGUARDS** (Dr Nimesh Patel BDS MPH - 9 Hillcrest Road Pennant Hills)
  Custom-made mouthguards only $250. On-the-spot Health Fund refunds.
  www.timelesssmiles.com.au or phone 9484 7737

- **NSW Health Free Dental Clinic** - 12-25 year olds - 9687 2544 - High Street Youth Health Service, Harris Park.

- **Rotary Club of Thornleigh Farm Markets**
  Third Sunday of every month - 8.00am-12.00noon - car park (corner Phyllis St and Central Ave, Thornleigh)

- **Cybersmart** website - www.cybersmart.gov.au - Part of the Australian Government’s cybersafety program.

- **The Australian Childhood Vision Impairment Register** - www.vifamilynetwork.org.au
  Sponsored by the Royal Institute of Deaf and Blind Children, the Register collects data on Australian children with vision impairment. This data is used to improve services for children and to research eye disease and disorders of vision.

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Pennant Hills High School

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