A RESOUNDING SUCCESS

The Pennant Hills High School Open Night, held on Tuesday 26 February 2013, was a resounding success, embraced by staff, students, prospective students and their families. With a wide variety of activities on offer from 4.30pm until the Official Welcome in the hall at 7.00pm, there was truly something for everyone. Our visitors enjoyed informative displays, a produce stall, delectable refreshments prepared and served by Hospitality students and Links Café, and a hearty sausage sizzle provided by the P&C. Demonstrations and displays in all faculty areas provided an insight into the breadth of courses on offer at Pennant Hills High School.

Complementing these was a full program of activities including CO₂ racing; picture book and cartoon making; light and sound workshops; textiles machine mastery; ceramics workshops; robotics; languages experiences; outdoor chess; ‘History mysteries’; fitness testing and mini-golf.

Performances by several of our talented musicians and dramatists added a further dimension to the welcoming, informative and entertaining atmosphere.

For more Open Night photos, please turn to pages 6 and 7.
# Future Dates

## Term 1 2013

### Week 7A

**Saturday** 9 March | **Beauty and the Beast**—8.00pm  
**Monday** 11 March | Great Mates Forum  
**Monday** 11 March | SRC Leadership Day  
**Tuesday** 12 March | Regional Swimming Carnival  
**Tuesday** 12 March | Year 9 Anti-bullying performance  
**Wednesday** 13 March | Musical Cast and Crew Barbecue  
**Wednesday** 13 March | Years 11 and 12 Parent—Teacher Evening  
**Friday** 15 March | Year 11 Driver Safety  

### Week 8B

**Monday** 18 March | Year 7 Music Incursion  
**Wednesday** 20 March | School CROSS COUNTRY Carnival  
**Thursday** 21 March | Year 7 2014 Academically Selected Class Test  
**Friday** 22 March | Year 11 PDHPE (3) First Aid Course  

### Week 9A

**Tuesday** 26 March | Year 11 PDHPE (3) First Aid Course  
**Tuesday** 26 March | Year 11 PDHPE (1 and 2) First Aid Course  
**Tuesday** 26 March | Royal Easter Show  
**Tuesday** 26 March | - Food Technology and Special Education  
**Thursday** 27 March | Year 7 Anti-bullying Performance  
**Friday** 27 March | P & C MEETING  
**Friday** 27 March | BACK-UP DATE for School Cross Country  
**Monday** 29 March | PUBLIC HOLIDAY - GOOD FRIDAY  

### Week 10B

**Monday** 1 April | PUBLIC HOLIDAY - EASTER MONDAY  
**Tuesday** 2 April | Year 12 EXAMINATIONS (all week)  
**Wednesday** 3 April | Year 8 Game On Excursion  
**Thursday** 4 April | Year 11 GP Program  
**Thursday** 4 April | CHS Swimming  
**Friday** 5 April | HSC Forum  
**Friday** 5 April | CHS Swimming  
**Saturday** 6 April | CHS Swimming  
**Sunday** 7 April | CHS Swimming  

### Week 11A

**Monday** 8 April | Year 12 EXAMINATIONS (all week)  
**Wednesday** 10 April | ANZAC Ceremony - 9.00am  
**Wednesday** 10 April | RoboCup Workshop  
**Thursday** 11 April | Vaccinations  
**Friday** 12 April | LAST DAY OF TERM 1  

## Term 2 2013

### Week 1B

**Monday** 29 April | SCHOOL DEVELOPMENT DAY  
**Tuesday** 30 April | SCHOOL DEVELOPMENT DAY  
**Wednesday** 1 May | TERM 2 COMMENCES FOR ALL STUDENTS  
**Wednesday** 1 May | Year 11 EXAMINATIONS (all week)  
**Thursday** 2 May | Meet the Music Concert - 6.30pm  

## Year 12 Assessment Tasks

### Term 1 2013

#### Week 7A

**Tuesday** 12 March | Mathematics Extension 2 - Period 0  
**Thursday** 14 March | SDD: Major Project - Period 1  
**Friday** 15 March | Textiles and Design - Period 2  
**Friday** 15 March | IPT: Major Project Design - Period 1  
**Friday** 15 March | Industrial Technology: Project Management due  

#### Week 8B

**Wednesday** 20 March | School Cross Country  
**Friday** 22 March | Year 12 to compete at lunchtime.  

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**NOTE:** The information is subject to change due to unforeseen circumstances. Always check the school's official calendar or communications for the most accurate and up-to-date schedule.
As I write this, it’s hard to believe that we’re already half way through Term 1. I think time is flying by because of the number of major events we have run in such a short space of time: the Year 7 Camp, Band Camp, Presentation Evening, SRC Induction, Year 7 Meet the Parents barbecue and Open Night. All these programs have really highlighted what wonderful students we have and how proud I am of our school.

In particular, the leadership of our School Captains, Mikaila and Josh, has been nothing short of inspirational. They have been heavily involved in the organisation and running of all the events mentioned, and they are wonderfully articulate, confident, dedicated and hard-working young people whose genuine pride in our school shines through each time they are in the public eye. Our School Captains are also ably supported by a talented body of Prefects and Student Representative Councillors.

The recent Open Night, featured in this edition of Jumbunna, was a resounding success, led by the tireless efforts of Mrs Dennett. This was the first time our public information sessions have been conducted in an after school time slot, in response to feedback following previous events. Teachers from every faculty, supported by a multitude of students and other volunteers, really showcased all the best facets of our school, many of them with interactive displays, and undoubtedly impressed hundreds of future students and their parents.

The Zone Swimming Carnival was held recently and we finished a highly creditable third. As well as our competitors performing admirably, we also provided a large number of student helpers. The carnival organisers from Galston High School forwarded a special letter of thanks to our school highlighting what exemplary ambassadors these students were for Pennant Hills High School.

Coming up soon on 15 March is the Driver Education excursion which is attended by all Year 11 students. This road safety education program is aimed at reducing death and injury amongst young people on Australian roads. It targets 16 to 17 year olds who are at the stage of their lives where they start to drive or ride in a vehicle driven by their peers. The program aims to develop awareness and attitudinal change and seeks to encourage young people, who are on the verge of driving or who are actively thinking about it, to adopt a more responsible attitude towards motoring. It is literally just the perfect fit for our Year 11 students.

Recently Mrs Dennett and I addressed Years 11 and 12, outlining the procedures for those students who have study periods during the first or last period of the day. Students with no timetabled class during Period 1 must use their ID card to swipe in before the end of recess, while those students who are timetabled off for Period 4 and wish to leave school early need to swipe out before they depart the school premises.

At the Year 12 assembly, a small group of Year 11 students presented their senior counterparts with an HSC Survival Kit, which they had prepared to help them through their final year at school. Year 12 received Fitness First passes, treats, healthy snacks, a stress ball, advice on time management and mental health, and much more, packaged in a ‘show bag’. A huge thank you to Year 11 whose care and concern is part of what makes Pennant Hills High School great.

May I remind parents that the only place they can pick up or drop off their students by vehicle is in Laurence Street. We have had a number of incidents recently where parents have driven into the bus bay. As well as being a dangerous place for pedestrian traffic, this practice also causes somewhat of a traffic jam of buses, so I seek everyone’s cooperation in this regard.

Our school musical, Beauty and the Beast, has now had several performances. I have been fortunate enough to see every musical at Pennant Hills High School during the 12 years I have taught here and I honestly believe this is the best show ever. Under the leadership of Mr Courtney Cassar and Jacqui Nolan (Pennant Hills High School 2011), the presentation is so professional and first class that you simply forget it is a school production. I would encourage everyone to get along and see it.

Neil Barrowcliff
Deputy Principal (Acting)
MATHEMATICS FACULTY REPORT

The Mathematics Faculty welcomes back all students and we look forward to a positive year in 2013. We are back in full swing already, with students and staff hard at work preparing for Term 1 assessment tasks and Half Yearly examinations which are fast approaching for our HSC students at the end of this term and Year 11 students early in Term 2.

A special welcome also to our new Year 7 students who are working on a new differentiated, mastery-based curriculum in Mathematics. Students will be provided with workbooks, in which they focus on their own areas of need and regularly complete mastery tests to identify which areas require further development and learning. Those who exceed the required outcomes will work on problem-solving and investigation activities and all students will have access to problem-based learning sessions in the new Learning Hub later this year.

It pays to be disciplined and organised in Mathematics. All students will have regular homework, which they should ensure is completed on time as it helps to revise and consolidate learnt concepts and prepare them for the next step.

The National Assessment Program—Literacy and Numeracy (NAPLAN) tests will be held during Term 2 for Year 7 and 9 students. These tests will include both calculator and non-calculator numeracy tests. Students in these year groups will spend time preparing for these tests throughout Term 1 and early in Term 2. All students, particularly those in Year 7, must ensure they have an appropriate scientific calculator. The recommended model is the CASIO® fx82-AU PLUS, which is available for purchase from the school for $24.00.

A reminder to parents and students that the Mathletics® online program, which is accessible from the school or at home, is provided for all Pennant Hills High School students. Logon details will be provided to students in their Mathematics classes. This program will be used in Mathematics classes in conjunction with textbooks and other physical and digital resources.

I wish our Mathematics students all the best for 2013, especially those in Year 12 with upcoming examinations. This is an important part of your school career. Good luck to you all.

Shaun Keegan
Head Teacher Mathematics

PENNANT HILLS HIGH SCHOOL DANCE ENSEMBLE

Jay Bailey and Tracey Parker will run a 12 week dance program over Semester 1 2013, from 21 March until 11 April in Term 1 and then 2 May until 20 June in Term 2. The program will run on Thursday mornings from 7.00—8.30am in the Drama Studio Room 203.

Over the 12 week period dancers will train in contemporary, jazz and hip hop technique classes and creatively contribute to developing a new dance work. Each session will start with a set 30 minute class, followed by an hour of a choreographed routine.

The program is for Years 7—12 and caters for all levels of dance experience.

Jay has trained in ballet, contemporary, jazz, hip hop, break dance and acrobatics and encourages diversity in experience as it enriches the creative process for everyone involved. Tracey is a qualified high school Dance teacher. Both instructors have extensive experience in working with young dancers.

WHEN
Thursday Morning 7.00am—8.30am

WHERE
Pennant Hills High School Drama Studio (Room 203)

COST
$150.00
paid directly to Jay Bailey as a cheque/cash on the 1st day

REQUIREMENTS
Comfortable clothing

DATES
TERM 1: 21 March (Wk 8) — 11 April (Wk 11)
TERM 2: 2 May (Wk 1) — 20 June (Wk 8)

COLLECT A PERMISSION NOTE
from Miss Dennis in the Visual Arts Staffroom and return it by 15 March 2013.
SOCIAL SCIENCES REPORT

I would like to take this opportunity to congratulate the 2012 Year 12 Social Sciences students on their achievements in the HSC. Particular mention should go to the following students who were placed on the 2012 Honour Roll in their subject – Reshpaul, Luke, Stephanie, Kasia, Emilie, Sunjay and Madeleine.

In summary, those who achieved Band 5 or 6 results represented 55% of Business Studies students, 17% of Economics students and 54% of Legal Studies students. I would also like to acknowledge the following individuals who excelled in Social Sciences courses:

- Business Studies: Luke, Mary, Oliver, Elizabeth, Laura, Reshpaul, Michelle, Andrew, Byeong, Edwina, Angus, Hayley, Yasmin, Nicholas, Amy, Rachael and Jasmine.

- Economics: Michelle, Andrew, Thomas and Amy.


Our Year 10 students performed well in 2012, achieving the following course results. Around 31% of Geography students were in the top two Performance Bands and 71% in the top three Performance Bands.

Particular mention is made of the following outstanding Geography students in the cohort: Eliza, Jay, Daniel, Mia, Bethany, Simon, Ivan, Vincent, Emily, Andrew, Amy, Casey, William, Adrian, Laura, Olivia and Mitchell. In Commerce 70% of the students reached the top two Performance Bands, while 85% were in the top three Bands. Outstanding Commerce students were: Bethany, Mia, Andrew, Jesse, Emmeline, Evan and Emma.

It has been, as usual, a very busy start to the academic year and HSC, Preliminary and Year 10 students are already preparing for or have completed assessment tasks.

This year’s Year 10 Geography students will again undertake their fieldwork on Sydney Harbour as they complete research into urban geographic issues.

Phil Morris
Head Teacher Social Sciences

SCHOOLKIDS BONUS

Do you know about the Schoolkids Bonus? It is a new cash payment to help eligible families and students with the costs of primary and secondary school studies. Around 1.2 million families have already benefitted from the first wave of payments in January 2013. Have you?

If you receive a family or income support payment, including Family Tax Benefit part A, you could be eligible to receive $410.00 per year for each primary student and $820.00 per year for each secondary student, with half paid in January and half paid in July.

The Schoolkids Bonus replaces the Education Tax Refund (ETR) and is a much simpler system. You no longer need to collect receipts, and payments are made automatically so you don’t have to wait months to make a claim via your tax return. Unlike the ETR, you can choose how you use the payment to best support your children’s education—whether it be school books, stationery, uniforms, school fees or excursions.

Check your eligibility by visiting the website (australia.gov.au/schoolkidsbonus) and if you think you might have missed out on the January payment, contact Centrelink, either in person at a Centrelink-Medicare Office or by calling 132 468.

SCHOOLKIDS BONUS
Vaccination Clinic Visits Schedule

Thursday 11 April 2013
Year 7 Girls Human Papilloma Virus (HPV) - Dose 2
Year 7 Boys Human Papilloma Virus (HPV) - Dose 2
Year 7 Girls and Boys Chickenpox
Year 9 Boys Human Papilloma Virus (HPV) - Dose 2

Thursday 8 August 2013
Year 7 Girls Human Papilloma Virus (HPV) - Dose 3
Year 7 Boys Human Papilloma Virus (HPV) - Dose 3
Year 7 Girls and Boys Hepatitis B - Dose 2
Year 9 Boys Human Papilloma Virus (HPV) - Dose 3

** Note: Northern Sydney Public Health Unit no longer vaccinates in Year 10.
OPEN NIGHT

informative

welcoming

entertaining

lots of fun
Don’t miss out!

You will not want to miss Pennant Hills High School’s magical production of this classic.

**Evening - 8.00pm**
Friday 8 March
Saturday 9 March

**Adults - $20.00**
**Concessions - $15.00**
(Plus booking fee)

Follow the link on the school’s website or scan the QR Code below.

**TICKET SALES**

**OPEN NIGHT**

By arrangement with Hal Leonard Australia Pty Ltd, Exclusive agent for Music Theatre International (NY).
**Penno Prayer Meeting**

Mums, dads, grandparents, please come and join us as we pray for ‘Penno’ staff and students.

1st and 3rd Friday of each month during term 8.45am–9.15am

Please meet at Public Reception.

Enquiries: Kim Allan on 0410 548 350.

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**STUDENT PHOTOGRAPHS**

If you have advised the school whether or not you wish your child to be photographed at school and their photo to be used in school publications such as Jumbunna and the Year Book, thank you.

If you have not provided this information on your child’s enrolment form or in a letter, please advise Deputy Principal, Jane Dennett, in writing as soon as possible.

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**CONGRATULATIONS**

Year 12 student, Sam has been selected as a NSW All Schools team member in Open Boys Cricket. We wish Sam luck as he trains with his team mates for their tour to the United Kingdom, scheduled for July this year.

Alexander of Year 9 has been selected to tour with the NSW Public Schools Symphonic Wind Ensemble and Symphonic Wind Orchestra later this month. Alexander and his fellow musicians will compete at the Australian Band Championships to be held in Perth.

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**WANTED**

Pennant Hills Public School CANTEEN MANAGER

Expressions of interest are invited for the position of Canteen Manager at Pennant Hills Public School. This is a three days per week position. The Manager is responsible for overseeing the daily operations of the canteen, leading a team of enthusiastic volunteer parent helpers and is supported by the P&C Canteen Committee.

For a duty statement and more information, please contact Sarah Allen (pandcpresident@gmail.com)

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**Sydney Eisteddfod Winners**

Script Work for Film, TV & Stage Improvisation & Theatre Sports Presentation Skills & Voice Training

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**Drama Classes**

Baulkham Hills, Pennant Hills, & Penrith

Students have appeared in Home & Away, Neighbours, Blue Water High, Underbelly, Wolverine, The Great Gatsby, other feature films, TV series, TV ads & much more....

Tel: 02 9211 6366
email: sydneytalentco@tpg.com.au
www.sydneytalentco.com.au
STAFF PROFILE

This is part of the series where we look at some of the teachers here at Pennant Hills High School and find out a bit more about their lives outside school. In this edition, we are going to find out a bit more about Mr Phil Scandizzo, Head Teacher Science and Agriculture.

Scandy (as he’s affectionately known) started teaching at Pennant Hills High School in 2005 and, apart from being the Head Teacher of Science and Agriculture, he has a passion for Australian Rules Football in which he plays a significant role at school, state and personal levels. He is on a number of committees and his faculty often runs curriculum enrichment activities for students. His students consistently achieve good results in the HSC, something of which he and the Science faculty are enormously proud. He is extremely well respected in the school and is known by everyone for his sense of fairness and personable nature.

He also leads a very busy life outside school, with a young family including two boys under the age of two years. Mr Scandizzo has played representative and club Aussie Rules football. He had the pleasure of playing against some recent AFL players as a junior, and now plays in the NSW Masters AFL competition. He is the Pennant Hills High School AFL grade and knockout coach, umpire and AFL Ambassador; Ku-ring-gai Zone Convenor; Sydney North Manager and Northern NSW Assistant Coach at CHS level.

Mr Scandizzo has completed a Master’s Degree in Science and a Postgraduate Diploma in Teaching. During the 1990s, he worked as a research scientist at Macquarie University and Westmead Hospital in the areas of environmental microbiology, virology, genetics and molecular biology, on occasions presenting his research at conferences in the USA and Canada. After his career in scientific research and development, Mr Scandizzo decided to share his experience, knowledge and passion for Science (his second love after football) with students. In 2005, after a period of teaching at another school, he took up his appointment as Head Teacher Science at Pennant Hills High School.

Mr Scandizzo has a positive impact on those around him. His persevering nature and keen attitude have rubbed off on many students at Pennant Hills High School and we are very proud and honoured to have him here.

STUDENT SPORTS LEADERS

Sam – Boy Sports Captain

Now in Year 12, Sam is very passionate about sport. Outside school, Sam participates in soccer, swimming and water polo. His involvement in school sport spans swimming, volleyball, water polo, cross country and athletics, and he has competed at Zone and State level in many of these disciplines. Sam dedicates many hours to assisting the Sports Department. He writes and presents weekly sports reports for assembly and writes articles for the school newsletter. Sam juggles this role with his studies, completing all tasks with his customary strong work ethic. In serving as Sports Captain, Sam has had the opportunity to improve his public speaking ability and organisational skills which he applies in his day to day life.

Rebeka – Girl Sports Captain

Also in Year 12, Rebeka is the youngest of three siblings to attend Pennant Hills High. Rebeka plays soccer, indoor soccer and basketball outside school. Within the school context, she has participated in swimming, cross country, athletics, soccer and touch football, and has represented the school at Zone level in several disciplines. Like Sam, Rebeka dedicates many hours to assisting the Sports Department, writing and presenting weekly sports reports for assembly and writing articles for the school newsletter. Rebeka ably juggles this role with her Year 12 studies. Strongly committed to fair play, Rebeka makes a valuable contribution to the Pennant Hills High School sports program.

Ryan – Senior Sports Prefect

Ryan has played European handball and Ultimate Frisbee during weekly sport sessions and has represented the school in Zone swimming and State volleyball. Now in Year 12, he assists with school sport, organising rolls and teacher information sheets. Ryan has applied his high level IT skills to setting up a computer program which is used to import and export sport data and results for our school swimming carnival. He has also taught and mentored others in the operation of this program. This position has allowed Ryan to extend his organisational and interpersonal skills whilst giving something back to the school.

Sports Captains - Sam and Rebeka

Valmé Kruger, Sports Organiser
COMMUNITY NOTICES AND CONTACTS

COMING EVENTS

FREE Skateboarding Workshops - sponsored by Hornsby Shire Council and Skateboarding Australia
10.00am till midday at various locations on the following Sundays: 17/3/13; 31/3/13; 7/4/13; 26/5/13; 23/6/13.
Registration on the day (parent or guardian to sign for under 18s). All participants must wear a helmet.
Information, including locations: www.hornsby.nsw.gov.au or phone Kim Harris on 9847 6531.

Hornsby Greek Festival - Sunday 10 March 2013 - Greenway Park, Shepherds Drive, Cherrybrook - FREE entry.
Enjoy a cultural fun day out, from 11.00am till 7.00pm. Explore Greek culture, music, dance and food in a family friendly atmosphere. Loads of entertainment including dodgem cars, camel rides and jumping castle. Everyone welcome.

Castle Hill RSL Pipe Band INFORMATION NIGHT - Thursday 14 March 2013 at 8.00pm
Epping Creative Centre, 26 Stanley Road, Epping. Information: chrsrpb@bigpond.com OR 0418 169 723

MultiLit Literacy Centre Family Information Session - Saturday 23 March 2013 at 12.00 noon
Macquarie University Hospital - Suite 2, Level 3, 75 Talavera Road, Macquarie Park
A research-based initiative of Macquarie University, MultiLit addresses the literacy needs of low progress readers.
Just call in on the day or register in advance: 1300 559 919 or reading.centre@multilit.com

Ku-ring-gai Council Parent Forums - Understanding your Teenager
Adolescence 101: When to Worry - 4 March / Resilience Building 101 - 6 May / Supporting Young People with Disabilities - 24 June / Communicating with your Teenager - 5 August / Internet Safety 101 - 14 October
Bookings Essential: youth@kmc.nsw.gov.au or 9424 0837. Information: www.kyds.org.au or 9416 9824.

Marian Street Theatre for Young People presents Imogen and the Pirates
Performances to 23 March 2013. Marian Street Theatre, 2 Marian Street, Killara. (Adult $22, Child $18, Family of 4 $68)
Bookings: www.mca.tix.com.au OR 1300 306 776 (booking fees apply)

STUDENT SERVICES - Northern Sydney Region Disability Programs PARENT FORUM - Dates for 2013
Meeting dates for 2013 will be:
Term 1 - Friday 5 April; Term 2 - Friday 21 June; Term 3 - Friday 13 September.

STUDENT EXCHANGE PROGRAMS

LATTITUDE AUSTRALIA - volunteering and gap year placements for U/25s - www.lattitude.org.au OR (03) 9826 6266
Student Exchange Australia New Zealand - www.studentexchange.org.au or 9997 0700.

Southern Cross Cultural Exchange - www.scce.com.au or 1800 500 501

World Education Program Australia (WEP) - www.wep.org.au or 1300 884 733


Lions Youth Exchange Program - for 17-21 year olds - www.lionsclubs.org.au/ye

RECREATION AND SPORTING GROUPS

Dural Sport and Leisure Centre (A ministry of Dural Baptist Church) - www.dslc.com.au or phone 9651 2777

Hills Hawks Softball - All ages 4-adult welcome - www.hillshawks.softball.org.au or phone Hazel - 0414 474 461

Interested in Playing Cricket? Find out more at playcricket.com.au

Pennant Hills Cherrybrook Rugby League Club - www.pennostags.com or 0418 677 511 (Ross Ruhan). All ages.

Beecroft Cherrybrook Junior Rugby Union Club - www.beecroftjuniors.com.au or 0439 904 457

Cherrybrook Table Tennis Club - 0412 520 854 - Enjoy social and competition table tennis.

Sydney Zoological Youth Dragon Boat Club – for ages 12—23 years – based at Bank Street Pyrmont.
www.dbsnsw.org.au or sydneyzoedics@yahoo.com.au or 0410 655 764

Epping RSL Golden Kangaroos Marching Band - www.goldenkangaroos.org.au or 9868 3289 (Annette)
Beginners, concert, stage and marching bands. Adults and children (all levels of experience) welcome.

2nd/3rd Pennant Hills Scout Group - 0408 121 690 (Greg Smithson) - Tuesdays (7-11) and Wednesdays (10-15).

Pennant Hills Girl Guides - 0438 284 592 (Fiona) - Meets Mondays (10-14 year olds) and Wednesdays (7-10 year olds).

St Agatha’s Youth Group - for students from Years 7 to 9 - http://www.stagatha.org.au or 0409 847 208 (Laura)

West Pennant Hills Netball: Jacqui - 0400 777 780 or Ashley - 0421 558 009. www.westpennanthills.netball.asn.au/

DISCLAIMER
Advertisements in this newsletter are included as a community service or a source of revenue to offset newsletter production costs. They should not in any way be seen as an endorsement or recommendation by the school.
COMMUNITY NOTICES AND CONTACTS

HELPERS NEEDED

Foster families needed - Department of Family and Community Services - 8303 7644
Carers can be singles, couples, with or without children, and from any cultural background.

Volunteer with Easy Care Gardening - www.easycaregardening.org.au or 9983 1644 (Hornsby/Ku-ring-gai)
Bilingual Volunteers Needed - City of Sydney Meals on Wheels - For more information, phone 8512 4230.

HELP WITH ENGLISH LANGUAGE AND NUMERACY

Free adult literacy and numeracy classes - Meadowbank TAFE - 9942 3572
Reading, writing, speaking - group classes or 1:1 tutoring. Tutors also needed.

Free English courses for adult migrants - www.ames.edu.au - Classes at Hornsby, Chatswood and Eastwood.

COMMUNITY SERVICES AND SUPPORT

Jack's Youth Café at Hornsby - 5 Jersey Street Hornsby (a short walk from the station)
After school activities for students in a safe environment, run by Fusion Sydney North.

Bringing young people, their families and communities together with hope.
Tuesdays-Fridays 3.00pm-6.00pm. Phone 9477 1110.

Ability Options - a FREE service helping people with a disability into the job that's right for them
For more information contact Caroline Krix on 8811 1717 or email caroline.krix@abilityoptions.org.au

Foster Care Association NSW Inc - Providing advocacy, support and information to foster carers.
www.fcansw.org.au or phone 4987 1847

Healthy Kids FREE Parent e-zine - important nutrition information and great recipes
To sign up, visit: www.healthy-kids.com.au

Enrol to Vote - If you are an Australian citizen who is 18 years of age or older, you must vote at all elections. Check if you're enrolled at www.votensw.info, enrol to vote at www.aec.gov.au or phone 1300 135 736

UnitingCare Northmead - 8839 5107 - Workshops and counselling for parents. Phone for more information.

Interrelate family centres - 8882 7850 - Phone for details of current workshops and courses for parents.

TOUGHLOVE - 1300 856 830 - Parents helping parents to deal with problems of unacceptable adolescent behaviour.

information and education provided by NSW Health - Northern Sydney Central Coast.

Centacare Broken Bay - 9488 2523 - Advice and support for parents.

Depression Support Group - 1300 794 991
Hornsby RSL - first Sunday of each month. Run by Association of Relative and Friends of the Mentally Ill.

Parent Line - www.parentline.org.au or 1300 1300 52 - Free professional service 24 hours every day.

Kids Helpline - 1800 55 1800 - Free confidential service 24 hours every day.

Mission Australia - CAFS@missionaustralia.com.au or 9482 1366 - Free counselling and support service.

Single With Children - www.singlewithchildren.com.au or 1300 300 496
Non-profit social group providing exciting activities for single parents and their children.

Sydney Single Parents - www.SydneySingleParents.org.au or 9634 7502 (Hills) or 9411 1858 (Northside)

Hills Family Centre - 8805 7288 - Workshops and courses for parents and families.

Wesley Mission Family/Youth Services - www.wesleymission.org.au/centres/wesleydalmar/ or 8805 7288

Community Life Church Cherrybrook Life Centre - 9651 3534 - Counselling and parenting courses available.


CUSTOM-FITTED SPORTS MOUTHGUARDS (Dr Nimesh Patel BDS MPH - 9 Hillcrest Road Pennant Hills)
No gap payment for private health fund members / 50% off for people with no private health fund.

NSW Health Free Dental Clinic for 12-25 year olds - 9687 2544 - High Street Youth Health Service, Harris Park.

Rotary Club of Thornleigh Farm Markets
Third Sunday of every month - 8.00am-12.00noon - car park (corner Phyllis St and Central Ave, Thornleigh)

Christ Evangelical Centre of Australia Chinese Language School - 0410 613 814 (Jenny)

The Australian Childhood Vision Impairment Register - www.vifamilynetwork.org.au
Sponsored by the Royal Institute of Deaf and Blind Children, the Register collects data on Australian children with vision impairment. This data is used to improve services for children and to research eye disease and disorders of vision.